

JCTR BASIC NEEDS BASKET: MONGU

January 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MONGU

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie Meal (breakfast)	68.00	2 x 25Kgs	136.00	
Beans	29.13	3 Kgs	87.39	
Kapenta (dry)	211.32	2 Kgs	422.64	
Bream, smoked	-	1 Kgs	-	
Mixed cut meat	22.33	4 Kgs	89.32	
Dark green vegetable	3.50	4 Kgs	14.00	
Tomatoes	3.50	4 Kgs	14.00	
Onion, large	4.83	2 Kgs	9.66	
Cooking oil (2.5 Ltrs)	34.67	3 Ltrs	41.60	
Bread wheat, refined floor, baked	7.33	1loaf/day	219.90	
Sugar	14.95	6 Kgs	44.85	
Milk long life (500ml)	4.88	2 Ltrs	19.52	
Tea, powder	8.46	1 Kgs	8.46	
Eggs	7.49	2units	14.98	
Salt	3.70	1 Kgs	3.70	

Sub Total

1,126.02

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	55.80	180Kgs	111.60
Soap (Lifebuoy)	2.73	10 Tablets	27.30
Wash soap (Boom)	4.78	4x400g	19.12
Jelly (e.g. Vaseline)	11.40	1x500ml	11.40
Electricity (med. density - fixed)	125.50		125.50
Water & Sanitation (med. cost - fixed)	65.00		65.00
Housing (med. density - 3 bedroom)	500.00		500.00

Sub Total

859.92

Total for Basic Needs Basket

1,985.94

Totals from previous months	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13
Amount (K)	2,073.75	1,609.72	2,125.96	2,100.34	1,818.76	1,530.46	1,564.29	1,525.38	2,047.31	1,780.46	-	-	-

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	Free	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K30.00-K70.00	Malaria Slide	Free
Grades 10-12 (User+PTA/year)	K30.00 – K70.00	Mosquito Net	-
School Uniform	K100.00-K190.00	Fuel (cost at the pump)	
Transport (bus fare round trip)		Petrol (per litre)	K9.91
Town-Limulunga	K6.00	Diesel (per litre)	K9.20
Town-Manganda	K5.00	Kerosene (per litre)	K6.83
Town-Shoprite	K5.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,605.01	2,276.68	2,247.85	1,985.94	2,889.81	3,053.03	2,211.73	2,197.32	1,613.56	2,158.93	2,405.04	2,518.74	2,708.99

This survey was conducted on 28th January, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Limulunga Market, Mulambwa Market, Central Market, Town Centre Market, Imwiko market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Western Water and Sewerage Company and schools, clinics and houses around Mongu. The January Basic Needs Basket is approximately US\$358 based upon the exchange rate of K 5.5444 per US\$ prevailing on 28th January, 2014. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2014-01-30

Mongu January 2014 Basic Needs and Nutrition Basket Report

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