

JCTR BASIC NEEDS BASKET: MPIKA

January 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MPIKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (Breakfast)	73.80	2 x 25Kgs	147.60	
Beans	8.80	3 Kgs	26.40	
Kapenta (dry)	29.20	2 Kgs	58.40	
Bream, smoked	36.20	1Kgs	36.20	
Beef, mixed cut	33.00	4kg	132.00	
Dark green vegetable	2.70	4 Kgs	10.80	
Tomatoes	7.20	4 Kgs	28.80	
Onion, large	7.80	2 Kgs	15.60	
Cooking oil (2.5Ltrs)	36.60	3 litres	43.92	
Bread wheat, refined floor, baked	6.00	1 loaf/day	180.00	
Sugar	18.80	6 Kgs	56.40	
Milk, long life 500ml	5.60	500ml	22.40	
Tea, powder	13.20	1 Kgs	13.20	
Eggs	10.00	2 units	20.00	
Salt	3.60	1Kgs	3.60	
Sub total				795.32

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	43.92	180Kgs	87.84
Soap (Lifebuoy)	4.60	10 Tablets	46.00
Wash soap (Boom)	5.50	4x400g	22.00
Jelly (e.g. Vaseline)	13.40	1x500ml	13.40
Electricity (medium density - fixed)	125.00		125.00
Water & Sanitation (medium cost - fixed)	74.00		74.00
Housing (medium density - 3 bedroom)	450.00		450.00

Sub total **818.24**

Total for basic needs basket **1,613.56**

Totals from previous months	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13
Amount (K)	1,458.02	1,475.56	1,424.60	1,438.42	1,445.22	1,522.94	1,524.18	1,529.54	1,494.86	1,502.28	1,523.52	1,539.04	1,563.00

(C) SOME OTHER ADDITIONAL COST

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K65.00	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K365.00	Mosquito Net (pregnant / ↓5)	K3.00
Grades 10-12 (User+PTA/year)	K1, 650.00	Malaria slide (private-Roan)	K35.00
School Uniform	K200.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K9.91
Tazara-Town	K60.00	Diesel (per litre)	K9.20
Chilonga-Town	K140.00	Kerosene (per litre)	-
Lwitikila- Town	K100.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,605.01	2,276.68	2,247.85	1,985.94	2,889.81	3,053.03	2,211.73	2,197.32	1,613.56	2,158.93	2,405.04	2,518.74	2,708.99

This survey was conducted on 4th February, 2014* by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Tazara Market, Tazara old Market, Musakanya Market, Chilonga Market and Town centre. Additional information was obtained from ZESCO, Water and Sewerage Companies, Schools, Clinics and Houses around Mpika. The January Basic Needs Basket is approximately **US\$289** based upon the exchange rate of **K 5.5800** per **US\$** prevailing on the **day of data collection**. Please note that other monthly costs would include personal care, clothing, recreation, etc.

*Kindly note that the data was not collected in the last week of the month (January) but still enabled us to make a comparison in that not much had changed between January and February 4th when the data was collected.

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Mpika January 2014 Basic Needs and Nutrition Basket Report

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