

JCTR BASIC NEEDS BASKET: MANSA
January 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MANSA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	69.65	2 x 25Kgs	139.30	
Beans	10.00	3 Kgs	30.00	
Kapenta (dry)	93.32	2 Kgs	186.64	
Bream, smoked		1Kgs		
Beef, mixed cut	34.00	4 Kgs	136.00	
Dark green vegetable	3.80	4 Kgs	15.20	
Tomatoe	3.50	4 Kgs	14.00	
Onion, large	5.67	2 Kgs	11.34	
Cooking oil (2.5 Ltrs)	35.90	3 Ltrs	43.08	
Bread wheat, refined floor, baked	4.83	1 loaf/day	144.90	
Sugar	15.58	6 Kgs	46.74	
Milk, long life 500ml	5.00	4x500ml	20.00	
Tea, powder	43.33	1 Kgs	43.33	
Eggs	9.86	2 units	19.72	
Salt	3.65	1 Kgs	3.65	
Sub total				853.90

(B) COST OF ESSENTIAL NON-FOOD ITEM

Charcoal (90 Kg bag)	53.64	2x90Kgs	107.28
Soap (Lifebuoy)	2.58	10 tablets	25.80
Wash soap (BOOM)	4.87	4 bars	19.48
Jelly (Vaseline)	11.99	1 x 500 mL	11.99
Electricity (medium density - fixed)	300.00		300.00
Water & Sanitation (medium cost - fixed)	79.40		79.40
Housing (medium density - 3 bedroom)	850.00		850.00

Sub-total

1,393.95

Total for Basic Needs Basket

2,247.85

Totals from previous months	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13
Amount (K)	2,147.14	2,060.53	2,012.42	2,373.10	2,327.30	2,351.56	2,172.99	2,164.52	2,154.85	2,137.99	2,162.33	2,195.26	2,218.36

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	Free	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K80.00-K115.00	Fast-Track Consultation	Free
Grades 10-12 (User+PTA/year)	K340.00-K700.00	Malaria Slide	Free
School Uniform (grades 1-7)	K50.00-K100.000	CD4 Count Private	Free
School Uniform (grade 8-12)	K170.00-K250.00	Self referral	K17.00
Transport (bus fare round trip):		High cost fee	K120.00
Maiteneke-Town	K5.00	Mosquito Net (private)	-
Kaole -Town	K4.00	Fuel (cost at the pump)	
		Petrol (per litre)	K9.91
		Diesel (per litre)	K9.20
		Kerosene (per litre)	K6.83

(B) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,605.01	2,276.68	2,247.85	1,985.94	2,889.81	3,053.03	2,211.73	2,197.32	1,613.56	2,158.93	2,405.04	2,518.74	2,708.99

This survey was conducted on 30th January, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Maiteneke Market, Kaole Market, Chilyapa Market, Down Market, Main Market and Shoprite. Additional information was obtained from ZESCO, Luapula Water and Sewerage Company and schools, clinics, hospital and houses around Mansa. The January Basic Needs Basket is approximately US\$405 based upon the exchange rate of K 5.5546 per US\$ prevailing on 30th January, 2014. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2014-01-30

Mansa January 2014 Basic Needs and Nutrition Basket Report

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