

# JCTR BASIC NEEDS BASKET: LUANSHYA

## January 2014

### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUANSHYA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	74.33	2 x 25Kgs	148.66	
Beans	10.40	3 Kgs	31.20	
Kapenta (dry)	84.00	2 Kgs	168.00	
Bream, smoked		1Kgs		
Beef, mixed cut	28.50	4 Kgs	114.00	
Dark green vegetable	4.20	4 Kgs	16.80	
Tomatoes	6.00	4 Kgs	24.00	
Onion, large	9.50	2 Kgs	19.00	
Cooking oil (2.5Ltrs)	32.46	3 Ltrs	38.95	
Bread wheat, refined floor, baked	4.83	1 loaf/day	144.90	
Sugar	15.75	6 Kgs	47.25	
Milk, long life 500ml		500ml		
Tea, powder	5.16	1 Kgs	20.64	
Eggs		2 units		
Salt		1Kgs		
<b>Sub total</b>				<b>773.40</b>

### (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	100.00	180Kgs	200.00
Soap (Lifebuoy)	3.00	10 Tablets	30.00
Wash soap (Boom)	5.03	4x400g	20.12
Jelly (e.g. Vaseline)	12.81	1x500ml	12.81
Electricity (med. density - fixed)	226.00		226.00
Water & Sanitation (med. cost - fixed)	96.60		96.60
Housing (med. density - 3 bedroom)	800.00		800.00

**Sub total**

**1,385.53**

**Total for Basic Needs Basket**

**2,158.93**

Totals from previous months	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13
Amount (K)	1,953.29	2,209.47	2,202.26	2,207.80	2,203.45	2,386.06	2,284.52	2,266.53	2,227.29	2,209.06	2,226.10	2,205.85	2,316.29

### (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K50.00	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K340.00	Malaria Slide (Roan)	K10.00
Grades 10-12 (User+PTA/year)	K580.00	Mosquito Drugs (private)	K20.00
School Uniform	K250.00	Fast track	K20.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Mpatamatu-Town	K12.00	Petrol (per litre)	K9.91
Roan - Kalala	K12.00	Diesel (per litre)	K9.20
New Town	K6.00	Kerosene (per litre)	K6.40

### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,605.01	2,276.68	2,247.85	1,985.94	2,889.81	3,053.03	2,211.73	2,197.32	1,613.56	2,158.93	2,405.04	2,518.74	2,708.99

This survey was conducted from 26<sup>th</sup> to 28<sup>th</sup> January, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The January Basic Needs Basket is approximately US\$390 based upon the exchange rate of K 5.5329 per US\$ prevailing on 24<sup>th</sup>, 27<sup>th</sup> and 28<sup>th</sup> January, 2014. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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# Luanshya January 2014 Basic Needs and Nutrition Basket Report

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