

JCTR BASIC NEEDS BASKET: LUSAKA

January 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie Meal (breakfast)	69.00	2 x 25Kgs	138.00	
Beans	18.33	3 Kgs	54.99	
Kapenta (dry)	110.21	2 Kgs	220.42	
Bream (dry)	69.69	1Kgs	69.69	
Beef, mixed cut	30.71	4 Kgs	122.84	
Dark green vegetable	2.83	4 Kgs	11.32	
Tomatoes	4.99	4 Kgs	19.96	
Onion, large	4.61	2 Kgs	9.22	
Cooking oil (2.5 Ltrs)	32.86	3 litres	39.43	
Bread wheat, refined floor, baked	4.70	1 loaf/day	141.00	
Sugar	15.76	6 Kgs	47.28	
Milk (fresh)	4.73	4x500ml	18.92	
Tea, powder (250g)	11.11	1 Kgs	44.44	
Eggs	9.14	2 Units	18.28	
Salt	3.68	1Kgs	3.68	
Sub Total				959.47

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	125.00	180 Kgs	250.00	
Soap (Lifebuoy/Champion)	3.41	10 Tablets	34.10	
Wash soap (Boom)	4.74	4x400g	18.96	
Jelly (e.g. Vaseline)	10.48	1x500ml	10.48	
Electricity (med. density - fixed)	372.00		372.00	
Water & Sanitation (med. cost - fixed)	210.00		210.00	
Housing (med. density - 3 bedroom)	1,750.00		1,750.00	
Sub Total				2,645.54
Total for Basic Needs Basket				3,605.01

Totals from previous months	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13
Amount (K)	3,532.10	3,469.68	3,645.44	3,616.18	3,593.60	3,625.20	3,684.46	3,638.42	3,581.13	3,536.69	3,575.37	3,557.81	3,538.54

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.91
Self referral (Emergency Fee)	K 5.500	Diesel (per litre)	K9.20
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.83

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,605.01	2,276.68	2,247.85	1,985.94	2,889.81	3,053.03	2,211.73	2,197.32	1,613.56	2,158.93	2,405.04	2,518.74	2,708.99

This survey was conducted on 29th January, 2014 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The January Basic Needs Basket is approximately US\$649 based upon the exchange rate of K5.5507 per US\$ prevailing on the day of data collection.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: basicjctr@jesuits.org.zm Website: www.jctr.org.zm
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2014-01-30

Lusaka January 2014 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/1505>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)