

# JCTR BASIC NEEDS BASKET: LIVINGSTONE

January 2014

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LIVINGSTONE

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	67.57	2 x 25Kgs	135.14	
Beans	13.93	3 Kgs	41.79	
Kapenta (dry)	80.42	2 Kgs	160.84	
Bream, smoked	68.67	1Kgs	68.67	
Beef, mixed cut	31.50	4Kgs	126.00	
Dark green vegetable	12.17	4 Kgs	48.68	
Tomatoes	5.36	4 Kgs	21.44	
Onion, large	5.43	2 Kgs	10.86	
Cooking oil (2.5 Ltrs)	35.26	3 Ltrs	42.31	
Bread wheat, refined floor, baked	5.71	1loaf/day	171.30	
Sugar	14.93	6 Kgs	44.79	
Milk long life (500ml)	5.97	4x500 ml	23.88	
Tea, powder	25.64	1 Kgs	25.64	
Eggs	9.14	2units	18.28	
Salt	4.93	1 Kgs	4.93	
<b>Sub total</b>				<b>944.55</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90 Kg bags)	77.50	2x 90Kg bags	155.00	
Soap (Lifebuoy)	3.14	10 Tablets	31.40	
Wash soap (Boom)	5.10	4x400g	20.40	
Jelly (e.g. Vaseline)	26.64	1x500ml	26.64	
Electricity (medium density - fixed)	226.00		226.00	
Water & Sanitation (medium cost - fixed)		55.00		55.00
Housing (medium density - 3 bedroom)		1,250.00		1,250.00
<b>Sub total</b>				<b>1,764.44</b>

### Total for Basic Needs Basket

**2,708.99**

Totals from previous months	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13
Amount (K)	2,259.98	2,254.78	2,273.36	2,262.90	2,308.72	2,650.34	2,684.01	2,686.51	2,672.00	2,672.79	2,667.68	2,707.61	2,709.05

## (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Transport (bus fare round trip):	
Grades 1-7 (PTA+Project/year)	K105.00	Dambwa-Town	K8.00
Grades 8-9 (User+PTA/year)	K490.00	Maramba-Town	K8.00
Grades 10-12 (User+PTA/year)	K1, 077.00	Victoria Falls-Town	K14.00
School Uniform	K235.00 - K270.00	Taxi Fare Round Trips	K8.00
Health		Fuel (cost at the pump)	
Consultation Fee	K30.00	Petrol (per litre)	K9.91
CD4 count	K50.00 (high cost)	Diesel (per litre)	K9.20
Fast-Track	K50.00	Kerosene (per litre)	K6.00
Mosquito Net (private)	K34.00		

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,605.01	2,276.68	2,247.85	1,985.94	2,889.81	3,053.03	2,211.73	2,197.32	1,613.56	2,158.93	2,405.04	2,518.74	2,708.99

This survey was conducted on 25<sup>th</sup> - 27<sup>th</sup> January, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbita Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The January Basic Needs Basket is approximately **US\$490** based upon the average exchange rate of **K 5.5334** per **US\$** prevailing the days of data collection. Please note that other monthly costs would include personal care, clothing, etc

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**<https://repository.jctr.org.zm>**

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# Livingstone January 2014 Basic Needs and Nutrition Basket Report

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