

JCTR BASIC NEEDS BASKET: LUSAKA

July 2006

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF SIX IN LUSAKA

Commodity	Kwacha	Quantity	Total
Mealie meal (breakfast)	35,000	3 x 25 Kg bags	105,000
Beans	6,300	2 Kgs	12,600
Kapenta (Siavonga)	32,000	2 Kgs	64,000
Dry Fish	44,000	1 Kg	44,000
Meat (mixed cut)	12,500	4 Kgs	50,000
Eggs	4,900	2 Units	9,800
Vegetables (greens)	1,800	7.5 Kgs	13,500
Tomato	2,400	4 Kgs	9,600
Onion	2,900	4 Kgs	11,600
Milk (fresh)	6,800	1 x 2 litres	6,800
Cooking oil	12,000	2 x 2 litres	24,000
Bread	2,400	1 loaf/day	72,000
Sugar	4,500	8 Kgs	36,000
Salt	2,000	1 Kg	2,000
Tea (leaves)	8,600	1 x 500 g	8,600
Sub-total			K469,500

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	41,300	2 x 90 Kg bags	82,600
Soap (Lifebuoy)	1,200	10 tablets	12,000
Wash soap (Boom)	2,500	4 x 400 g	10,000
Jelly (e.g., Vaseline)	5,200	1 x 500 ml	5,200
Electricity (medium density)	113,000		113,000
Water (medium density)	34,000		34,000
Housing (medium density)	650,000		650,000
Sub-total			K906,800

Total for Basic Needs Basket

K1,376,300

Totals from previous months	July 05	Aug 05	Sept 05	Oct 05	Nov 05	Dec 05	Jan 06	Feb 06	Mar 06	Apr 06	May 06	June 06
Amount	1,361,770	1,358,990	1,353,790	1,348,860	1,345,550	1,368,700	1,415,650	1,413,150	1,408,050	1,408,700	1,421,850	1,379,650

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education (PTA/user fee per year)		Health (clinic / hospital fee)	
Upper Basic (grades 8-9)	K220,000-K350,000	Monthly Scheme (per person)	K1,500
Secondary (grades 10-12)	K220,000-K380,000	No Scheme Emergency Fee	K8,000
Transport (bus fare round trip):		Fuel (cost at the pump)	
Chilenje-Town	K3,800	Petrol (per litre)	K5,840
Chelston-Town	K4,400	Diesel (per litre)	K4,765
Matero-Town	K3,600	Paraffin (per litre)	K3,832

“Zambia ili namabvuto yambiri yamene yafunika mutsogoleri amene angakhoze kuyasiliza. Zintu zamene atsogoleri bazipani zandale batipasa monga vitenje, mabulangeti, vakudya, njinga sivingakhoze kusiliza mabvuto yatu mu Zambia, ndipo noti vikatisokoneze po vota.” – Woman in Kalikiliki

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Guard with Security Firm	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area - CSO	Piecoworker on a Farm
Pay Slip	K672,000 to K1,193,000	K748,000 to K2,105,000	K250,000 to K750,000	K653,000 to K1,190,000	645,326 (between October 2004 and January 2005)	K3,000 to K15,000 per day

This survey was conducted on 29th to 30th July 2006 by the Social Conditions Research Project of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Town Centre (Shoprite), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals around Lusaka. The July Basic Needs Basket is approximately US\$370 based upon an average middle exchange rate of 3,715 Kwacha per US\$ at the end of July.

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Lusaka July 2006 Basic Needs and Nutrition Basket Report

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