

JCTR BASIC NEEDS BASKET: KASAMA

January 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	77.20	2 x 25Kgs	154.40	
Beans	7.00	3 Kgs	21.00	
Kapenta (dry)	75.00	2 Kgs	150.00	
Bream, smoked	50.00	1Kg	50.00	
Meat mixed cut	25.00	4 Kgs	100.00	
Dark green vegetable	4.00	4 Kgs	16.00	
Tomatoes	6.00	4 Kgs	24.00	
Onion, large	6.00	2 Kgs	12.00	
Cooking oil (2.5 Ltrs)	33.40	3 Ltrs	40.08	
Bread wheat, refined floor, baked	5.00	1 loaf/day	150.00	
Sugar	15.74	6 Kgs	47.22	
Milk (long-life) 500ml	5.46	4x500ml	21.84	
Tea, powder (125g)	3.10	1Kg	24.80	
Eggs	9.83	2units	19.66	
Salt	3.70	1 Kg	3.70	
Sub total				834.70

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	51.75	180Kg bags	103.50
Bathing Soap	3.34	10 Tablets	33.40
Wash soap (Boom)	4.90	4x400g	19.60
Jelly (e.g. Vaseline)	10.48	1x500ml	10.48
Electricity (med. density - fixed)	225.00		225.00
Water & Sanitation (med. cost - fixed)	50.00		50.00
Housing (med. density - 3 bedroom)	1,000.00		1,000.00
Sub total			1,441.98

Total for Basic Needs Basket

2,276.68

Totals from previous months	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13
Amount (K)	1,605.66	-	-	1,522.74	2,043.44	2,185.72	2,131.54	2,109.28	2,099.39	2,115.38	2,170.47	2,200.43	2,308.22

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	-	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K200.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Tazara-Town	K6.00	Petrol (per litre)	K9.91
Location-Town	K6.00	Diesel (per litre)	K9.20
Kasama- Nakonde	K58.00-K65.00	Kerosene (per litre)	-

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,605.01	2,276.68	2,247.85	1,985.94	2,889.81	3,053.03	2,211.73	2,197.32	1,613.56	2,158.93	2,405.04	2,518.74	2,708.99

This survey was conducted on 27th January, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at NewTown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The January Basic Needs Basket is approximately US\$411 based upon an exchange rate of K5.5334 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Kasama January 2014 Basic Needs and Nutrition Basket

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