JCTR BASIC NEEDS BASKET: LUSAKA

October 2007

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF SIX IN LUSAKA

Commodity	Kwacha	Quantity	Total	
Mealie meal (breakfast)	34,700	3 x 25 Kg bags	104,100	
Beans	8,000	2 Kgs	16,000	
Kapenta (Siavonga)	45,800	2 Kgs	91,600	
Dry Fish	38,500	1 Kg	38,500	
Meat (mixed cut)	17,400	4 Kgs	69,600	
Eggs	5,100	2 Units	10,200	
Vegetables (greens)	3,300	7.5 Kgs	24,750	
Tomato	3,300	4 Kgs	13,200	
Onion	2,600	4 Kgs	10,400	
Milk (fresh)	8,700	1 x 2 litres	8,700	
Cooking oil	16,300	2 x 2 litres	32,600	
Bread	2,700	1 loaf/day	81,000	
Sugar	4,500	8 Kgs	36,000	
Salt	2,100	1 Kg	2,100	
Tea (leaves)	10,300	1 x 500 g	10,300	
Sub-total				

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	50,000	2 x 90 Kg bags	100,000
Soap (Lifebuoy)	1,500	10 tablets	15,000
Wash soap (Boom)	2,600	4 x 400 g	10,400
Jelly (e.g., Vaseline)	6,800	1 x 500 ml	6,800
Electricity (medium density)	113,000		113,000
Water & Sanitation (med - fixed)	88,500		88,500
Housing (medium density)	700,000		700,000

Sub-total K1,033,700

K549,050

Total for Basic Needs Basket K1,582,750

Totals from previous months	Oct 06	Nov 06	Dec 06	Jan 07	Feb 07	Mar 07	Apr 07	May 07	June 07	July 07	Aug 07	Sep 07
Amount	1,422,950	1,436,400	1,442,350	1,541,050	1,543,650	1,560,050	1,550,700	1,545,450	1,517,100	1,519,700	1,530,950	1,534,550

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip):	
Grades 8-9 (User+PTA/year)	K250,000 – K270,000	Chilenje-Town	K4,800
Grades 10-12 (User+PTA/year)	K300,000 – K410,000	Chelston-Town	K5,400
School Uniform (grades 8-12)	K70,000 – K180,000	Matero-Town	K4,200
Health (clinic)		Fuel (cost at the pump)	
3 Month Scheme (per person)	K5,000	Petrol (per litre)	K7,207
No Scheme Emergency Fee	K5,500	Diesel (per litre)	K6,064
Mosquito Net (private)	K15,000 – K20,000	Paraffin (per litre)	K4,250

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Guard with Security Firm	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area - CSO	Pieceworker on a Farm
Pay Slip	K841,000 to	K936,000 to	K250,000 to	K817,000 to	645,326 (between	K3,000 to K15,000
	K1,485,000	K2,624,000	K750,000	K1,480,000	October 2004 and January 2005)	per day

This survey was conducted on **27th to 29th October 2007** by the Social Conditions Research Project of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Town Centre (Shoprite), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals around Lusaka. The October Basic Needs Basket is approximately **US\$408** based upon an average middle exchange rate of 3880 Kwacha per US\$ at the end of October.

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2007-10-30

Lusaka October 2007 Basic Needs and Nutrition Basket Report

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