

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF SIX IN LUSAKA

Commodity	Kwacha	Quantity	Total
Mealie Meal (breakfast)	46,100	3 x 25 Kg bags	138,300
Beans	14,700	2 Kgs	29,400
Kapenta (Siavonga)	69,200	2 Kgs	138,400
Dry Fish	57,500	1 Kg	57,500
Meat (mixed cut)	23,800	4 Kgs	95,200
Eggs	8,100	2 Units	16,200
Vegetables (greens)	3,600	7.5 Kgs	27,000
Tomato	4,900	4 Kgs	19,600
Onion	10,000	4 Kgs	40,000
Milk (fresh)	14,500	1 x 2 litres	14,500
Cooking oil	25,900	2 x 2 litres	56,000
Bread	4,300	1 loaf/day	129,000
Sugar	7,000	8 Kgs	55,200
Salt	3,600	1 Kg	3,600
Tea (leaves)	3,800	1 x 500 g	3,800
Sub-total			K820, 300

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	102,500	2 x 90 Kg bags	205,000
Soap (Lifebuoy)	2,400	10 tablets	24,000
Wash soap (Boom)	4,200	4 x 400 g	16,800
Jelly	9,100	1 x 500 ml	9,100
Electricity (medium - fixed)	130,000		130,000
Water & Sanitation (med - fixed)	210,000		210,000
Housing (3 bedroom)	1,500,000		1,500,000
Sub-total			K2, 094,900

Total for Basic Needs Basket

K2, 915,200

*Note that the cost of housing has not been adjusted because research and consultations are still ongoing

Totals from previous months	Sep 10	Oct 10	Nov 10	Dec 10	Jan 11	Feb 11	Mar 11	Apr 11	May 11	Jun 11	Jul 11	Aug 11
Amount	K2,850,680	K2,877,830	K2,861,480	K2,879,430	K3,019,100	K2,982,350	K3,008,800	K3,003,550	K2,917,350	K2,928,750	K2,922,800	K2,922,950

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip):	
Grades 8-9 (User+PTA/year)	K350, 000 – K470, 000	Chilenje-Town	K6, 000
Grades 10-12 (User+PTA/year)	K600, 000 – K900, 000	Chelston-Town	K7, 000
School Uniform (grades 8-12)	K90, 000 – K200, 000	Matero-Town	K5, 400
Health (clinic)		Fuel (cost at the pump)	
3 Month Scheme (per person)	K5, 000	Petrol (per litre)	K7, 639
No Scheme Emergency Fee	K5, 500	Diesel (per litre)	K6, 999
Mosquito Net (private)	K30, 000 – K120, 000	Paraffin (per litre)	K5,030

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Guard with Security Firm	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area - CSO	Piecoworker on a Farm
Pay Slip	K1,300,300 to K2,200,600	K1,300,000 to K3,450,000	K250,000 to K850,000	K1,390,500 to K1,900,000	645,326 (between October 2004 and January 2005)	K5,000 to K15,000 per day

The September Basic Needs Basket is approximately **US\$607** based upon an average middle exchange rate of 4800 Kwacha per US\$ at the end of September.

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2011-09-30

Lusaka September 2011 Basic Needs and Nutrition Basket Report

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