

# JCTR BASIC NEEDS BASKET

**Lusaka**

**June 2016**

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	76.28	2	x 25 Kg	152.57
Beans	17.17	3	Kg	51.50
Kapenta (Dry)	132.58	2	Kg	265.16
Fish (Bream, Dry)	84.20	1	Kg	84.20
Beef	33.71	4	Kg	134.85
Dark Green Vegetables	4.89	4	Kg	19.56
Tomatoes	9.50	4	Kg	37.99
Onion	12.86	2	Kg	25.71
Cooking oil (2.5L)	47.21	3	Litres	56.66
Bread	7.95	1	Loaf/day	238.50
Sugar	24.50	3	x 2 Kg	73.50
Milk	7.08	4	x 500ml	28.34
Tea	91.71	1	Kg	91.71
Eggs	11.20	2	Units	22.39
Salt	5.67	1	Kg	5.67

**Subtotal** **ZMW 1,288.31**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	160.20	2	x 90 Kg bag(s)	320.40
Soap (Lifebuoy/Champion)	9.50	10	Tablet(s)	95.00
Wash soap (BOOM)	9.60	4	x 400g	38.39
Jelly (e.g. Vaseline)	21.21	1	x 500ml	21.21
Electricity (medium density)	200.00	1	x 1month	200.00
Water & Sanitation (med - fixed)	197.21	1	x 1month	197.21
Housing (3 bedroom)	2,650.00	1	x 1month	2,650.00

**Subtotal** **ZMW 3,522.21**

**Total for Basic Needs Basket** **ZMW 4,810.52**

Totals from previous months	May 15	June 15	July 15	Aug 15	Sept 15	Oct 15	Nov 15	Dec 15	Jan 16	Feb 16	Mar 16	April 16	May 16
Amount (K)	3,677.28	3,704.69	3,715.47	3,831.24	3,957.46	4,249.56	4,167.70	4,371.76	4,201.04	4,220.15	4,278.61	4,293.95	4,817.41

## (C) SOME OTHER ADDITIONAL COSTS

### *Education*

Item	Amount	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	500.00	Chilenje - Town	12.00
Grades 10-12 (User + PTA/year)	975.00	Chelston - town	12.00
School Uniform (Grades 8-12)	145.00	Matero - Town	12.00

### *Health*

Item	Amount	Item	Amount (ZMW)
Registration (book)	4.00	Petrol (per litre)	9.87
Self-referral (Emergency Fee)	80.00	Diesel (per litre)	8.59
Mosquito net (private)	75.00	Paraffin (per litre)	6.12

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JUNE

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,810.52	3,062.72	2,887.92	3,008.35	4,411.96	-	3,270.05	2,793.69	2,583.20	3,663.63	3,824.87	3,747.91	3,860.27	3,569.84	2,729.42

*This survey was conducted on 25<sup>th</sup> to 27<sup>th</sup> June, 2016 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The June Basic Needs Basket is approximately US\$481 based upon the exchange rate of K10.00 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*



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Reports

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# Lusaka June 2016 Basic Needs and Nutrition Basket Report

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