

JCTR BASIC NEEDS BASKET

Lusaka

October 2016

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	93.43	2	x 25 Kg	186.85
Beans	22.33	3	Kg	67.00
Kapenta (Dry)	123.33	2	Kg	246.67
Fish (Bream, Dry)	143.50	1	Kg	143.50
Beef	31.33	4	Kg	125.33
Dark Green Vegetables	7.58	4	Kg	30.33
Tomatoes	11.36	4	Kg	45.42
Onion	8.57	2	Kg	17.14
Cooking oil (2.5L)	51.13	3	Litres	61.35
Bread	10.03	1	Loaf/day	300.81
Sugar	28.71	3	x 2 Kg	86.14
Milk	7.48	4	x 500ml	29.93
Tea	120.00	1	Kg	120.00
Eggs	9.86	2	Units	19.71
Salt	6.54	1	Kg	6.54

Subtotal **ZMW 1,486.74**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	185.00	2	x 90 Kg bag(s)	370.00
Soap (Lifebuoy/Champion)	7.57	10	Tablet(s)	75.71
Wash soap (BOOM)	9.84	4	x 400g	39.37
Jelly (e.g. Vaseline)	17.25	1	x 500ml	17.25
Electricity (medium density)	200.00	1	x 1month	200.00
Water & Sanitation (med - fixed)	197.21	1	x 1month	197.21
Housing (3 bedroom)	2,650.00	1	x 1month	2,650.00

Subtotal **ZMW 3,549.54**

Total for Basic Needs Basket **ZMW 5,036.28**

Totals from previous months	Sept 15	Oct 15	Nov 15	Dec 15	Jan 16	Feb 16	Mar 16	April 16	May 16	June 16	July 16	Aug 16	Sept 16
Amount (K)	3,957.46	4,249.56	4,167.70	4,371.76	4,201.04	4,220.15	4,278.61	4,293.95	4,817.41	4,810.52	4,820.70	4,870.89	4,934.09

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	500.00	Chilenje - Town	15.00
Grades 10-12 (User + PTA/year)	975.00	Chelston - town	15.00
School Uniform (Grades 1-7)	145.00	Matero - Town	12.00

Health

Item	Amount	Item	Amount (ZMW)
Registration (book)	4.00	Petrol (per litre)	13.70
Self-referral (Emergency Fee)	80.00	Diesel (per litre)	11.40
Mosquito net (private)	75.00	Paraffin (per litre)	8.03

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN OCTOBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,036.28	3,078.76	2,715.96	3,087.65	4,375.85	4,022.22	3,133.30	2,429.65	2,674.80	3,809.73	3,408.77	3,498.15	3,849.27	3,575.98	-

This survey was conducted on 26th October, 2016 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The October Basic Needs Basket is approximately US\$509 based upon the exchange rate of K9.90 prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2016-10-30

Lusaka October 2019 Basic Needs and Nutrition Basket Report

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