

JCTR BASIC NEEDS BASKET

Lusaka

November 2016

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	86.86	2	x 25 Kg	173.71
Beans	23.33	3	Kg	70.00
Kapenta (Dry)	160.00	2	Kg	320.00
Fish (Bream, Dry)	111.00	1	Kg	111.00
Beef	42.28	4	Kg	169.14
Dark Green Vegetables	8.75	4	Kg	35.00
Tomatoes	10.00	4	Kg	40.00
Onion	11.42	2	Kg	22.83
Cooking oil (2.5L)	47.00	3	Litres	56.40
Bread	8.08	1	Loaf/day	242.45
Sugar	25.43	3	x 2 Kg	76.28
Milk	6.36	4	x 500ml	25.42
Tea	105.60	1	Kg	105.60
Eggs	10.00	2	Units	20.00
Salt	6.36	1	Kg	6.36

Subtotal **ZMW 1,474.19**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	176.00	2	x 90 Kg bag(s)	352.00
Soap (Lifebuoy/Champion)	7.29	10	Tablet(s)	72.86
Wash soap (BOOM)	9.47	4	x 400g	37.88
Jelly (e.g. Vaseline)	21.00	1	x 500ml	21.00
Electricity (medium density)	200.00	1	x 1month	200.00
Water & Sanitation (med - fixed)	197.21	1	x 1month	197.21
Housing (3 bedroom)	2,650.00	1	x 1month	2,650.00

Subtotal **ZMW 3,530.95**

Total for Basic Needs Basket **ZMW 5,005.14**

Totals from previous months	Oct 15	Nov 15	Dec 15	Jan 16	Feb 16	Mar 16	April 16	May 16	June 16	July 16	Aug 16	Sept 16	Oct 16
Amount (K)	4,249.56	4,167.70	4,371.76	4,201.04	4,220.15	4,278.61	4,293.95	4,817.41	4,810.52	4,820.70	4,870.89	4,934.09	5,036.28

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount
Grades 8-9 (User + PTA/year)	500.00
Grades 10-12 (User + PTA/year)	975.00
School Uniform (Grades 1-7)	145.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Chilenje - Town	15.00
Chelston - town	15.00
Matero - Town	12.00

Health

Item	Amount
Registration (book)	4.00
Self-referral (Emergency Fee)	80.00
Mosquito net (private)	75.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	13.70
Diesel (per litre)	11.40
Paraffin (per litre)	8.03

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,005.14	2,966.39	2,714.57	3,072.42	4,329.35	4,079.79	3,210.25	2,489.52	2,601.36	-	4,011.07	3,514.46	3,595.01	3,575.83	2,837.40

This survey was conducted on 25th - 26th November, 2016 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The November Basic Needs Basket is approximately US\$506 based upon the exchange rate of K9.90 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2016-11-30

Lusaka November 2016 Basic Needs and Nutrition Basket Report

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