

JCTR BASIC NEEDS BASKET: LUSAKA

July 2010

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF SIX IN LUSAKA

Commodity	Kwacha	Quantity	Total
Mealie meal (breakfast)	60,800	3 x 25 Kg bags	182,400
Beans	13,300	2 Kgs	25,600
Kapenta (Siavonga)	85,000	2 Kgs	170,000
Dry Fish	88,300	1 Kg	88,300
Meat (mixed cut)	22,700	4 Kgs	90,800
Eggs	8,500	2 Units	17,000
Vegetables (greens)	6,100	7.5 Kgs	45,750
Tomato	8,300	4 Kgs	32,200
Onion	9,100	4Kgs	34,600
Milk (fresh)	12,400	1 x 2 litres	12,400
Cooking oil	29,900	2 x 2 litres	59,800
Bread	3,900	1 loaf/day	117,000
Sugar	6,400	8 Kgs	51,200
Salt	3,300	1 Kg	3,300
Tea (leaves)	11,500	1 x 500 g	11,500
Sub-total			K945, 650

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	68,800	2 x 90 Kg bags	137, 600
Soap (lifebuoy)	2,500	10 tablets	25,000
Wash soap (Boom)	4,100	4 x 400 g	16,400
Jelly (e.g., Vaseline)	7,700	1 x 500 ml	7,700
Electricity (medium density)	70,000	300 units	70,000
Water & Sanitation (med - fixed)	114,530		114,530
Housing (medium density)	1,500,000		1,500,000
Sub-total			K1, 871,230

Total for Basic Needs Basket

K2, 799,280

Totals from previous months	Jul 09	Aug 09	Sep 09	Oct 09	Nov 09	Dec 09	Jan 10	Feb 10	Mar 10	Apr 10	May 10	Jun10
Amount	2,226,930	2,235,730	2,260,680	2,200,630	2,254,630	2,276,730	2,696,030	2,713,580	2,771,930	2,778,680	2,798,580	2,799,280

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip):	
Grades 8-9 (User+PTA/year)	K300, 000 – K420, 000	Chilenje-Town	K6, 000
Grades 10-12 (User+PTA/year)	K600, 000 – K900, 000	Chelston-Town	K7, 000
School Uniform (grades 8-12)	K90, 000 – K180, 000	Matero-Town	K5, 400
Health (clinic)		Fuel (cost at the pump)	
3 Month Scheme (per person)	K5, 000	Petrol (per litre)	K7, 750
No Scheme Emergency Fee	K5, 500	Diesel (per litre)	K7, 250
Mosquito Net (private)	K15, 000 – K20, 000	Paraffin (per litre)	

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Guard with Security Firm	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area - CSO	Piecoworker on a Farm
Pay Slip	K1,300,300 to K2,200,600	K1,300,000 to K3,450,000	K250,000 to K850,000	K1,390,500 to K1,900,000	645,326 (between October 2004 and January 2005)	K5,000 to K15,000 per day

This survey was conducted on **26 June 2010** by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Kafue Road), and City Market, Chawama, Chanda, Kabwata, Matero and schools, clinics/hospitals around Lusaka. The June Basic Needs Basket is approximately **US\$558** based upon an average middle exchange rate of 5020 Kwacha per US\$ at the end of June.

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Lusaka July 2010 Basic Needs and Nutrition Basket Report

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