

JCTR BASIC NEEDS BASKET: LUSAKA

MAY 2013

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	KR	Quantity	Total	KR	Kwacha
Mealie meal (breakfast)	56.10	2 x 25Kgs	112.20		
Beans	18.70	3 Kgs	56.10		
Kapenta (dry)	115.00	2 Kgs	230.00		
Bream (dry)	98.30	1Kgs	98.30		
Beef, mixed cut	29.30	4 Kgs	117.20		
Dark green vegetable	3.50	4 Kgs	14.00		
Tomatoes	5.80	4 Kgs	23.20		
Onion, large	11.20	2 Kgs	22.40		
Cooking oil (2.5 Ltrs)	34.50	3 litres	41.40		
Bread wheat, refined floor, baked	4.90	1 loaf/day	147.00		
Sugar	15.90	6 Kgs	47.70		
Milk (fresh)	5.10	4x500ml	20.40		
Tea, powder (250g)	11.10	1 Kgs	44.40		
Eggs	8.10	2 Units	16.20		
Salt	3.20	1Kgs	3.20		
Sub Total				993.70	993,700

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90 Kg bag)	119.50	180Kg	239.00		
Soap (Lifebouy/Champion)	3.10	10 Tablets	31.00		
Wash soap (Boom)	4.50	4x400g	18.00		
Jelly (e.g. Vaseline)	11.50	1x500ml	11.50		
Electricity (med. density - fixed)	372.00		372.00		
Water & Sanitation (med. cost - fixed)	210.00		210.00		
Housing (med. density - 3 bedroom)	1,750.00		1,750.00		
Sub Total				2,631.50	2,631,500
Total for Basic Needs Basket				3,625.20	3,625,200

Totals from previous months	Apr 12	May 12	June 12	July 12	Aug 12	Sep 12	Oct 12	Nov 12	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13
Amount (K)	2,907,540	2,909,820	3,395,660	3,445,000	3,456,360	3,455,500	3,450,060	3,475,720	3,532,100	3,469,680	3,645,440	3,616,180	3,593,600

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400, 000 – K600, 000	Chilenje-Town	K9, 000
Grades 10-12 (User + PTA/year)	K650, 000 – K1, 300,000	Chelston -Town	K10, 000
School Uniform (grades 8-12)	K90, 000 – K200, 000		
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3, 000 - K5, 000	Petrol (per litre)	K9, 910
Self referral (Emergency Fee)	K 5, 500	Diesel (per litre)	K9, 200
Mosquito Net (private)	K30, 000 – K120, 000	Paraffin (per litre)	K6, 830

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area – CSO
Pay Slip	K1,695,174.82 to K2,725,990.49	K2,418,245.99 to K2,798,245.99	K1,633,715.49 to K2,749,227.15	K1,403,000 (2010 Living conditions survey)

This survey was conducted on 30th May, 2013 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chanda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The May Basic Needs Basket is approximately US\$682 based upon the exchange rate of K5.3163 per US\$ prevailing on 30th May, 2013.

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2013-05-30

Lusaka May 2013 Basic Needs and Nutrition Basket Report

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