

# JCTR BASIC NEEDS BASKET: LUSAKA

APRIL 2013

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha	KR
Mealie meal (breakfast)	57,900	2 x 25Kgs	115,800		
Beans	22,500	3 Kgs	67,500		
Kapenta (dry)	98,100	2 Kgs	196,200		
Bream (dry)	111,000	1Kgs	111,000		
Beef, mixed cut	29,700	4 Kgs	118,800		
Dark green vegetable	4,100	4 Kgs	16,400		
Tomatoes	4,200	4 Kgs	16,800		
Onion, large	8,300	2 Kgs	16,600		
Cooking oil (2.5Ltrs)	34,500	3 Ltrs	41,400		
Bread (white)	4,300	1 loaf/day	129,000		
Sugar	14,700	6 Kgs	44,100		
Tea, powder (250g)	10,800	1 Kgs	43,200		
Eggs	8,100	2 Units	16,200		
Salt	3,100	1Kgs	3,100		
Milk (fresh)	5,300	4x500ml	21,200		
<b>Sub Total</b>				<b>957,300</b>	<b>957.3000</b>

## B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90 Kg bags)	120,000	180Kg	240,000		
Soap (Lifebouy/Champion)	3,600	10 Tablets	36,000		
Wash soap (Boom)	4,300	4x400g	17,200		
Jelly (e.g. Vaseline)	11,100	1x500ml	11,100		
Electricity (med. density - fixed)	372,000		372,000		
Water & Sanitation (med. cost - fixed)	210,000		210,000		
Housing (med. density - 3 bedroom)	1,750,000		1,750,000		
<b>Sub Total</b>				<b>2,636,300</b>	<b>2,636.3000</b>
<b>Total for Basic Needs Basket</b>				<b>3,593,600</b>	<b>3,593.6000</b>

Totals from previous months	Mar 12	Apr 12	May 12	June 12	July 12	Aug 12	Sep 12	Oct 12	Nov 12	Dec 12	Jan 13	Feb 13	Mar 13
Amount (K)	2,935,680	2,907,540	2,909,820	3,395,660	3,445,000	3,456,360	3,455,500	3,450,060	3,475,720	3,532,100	3,469,680	3,645,440	3,616,180

## (C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Grades 8-9 (User + PTA/year)	K400, 000 – K600, 000	Chilenje-Town	K8, 000
Grades 10-12 (User + PTA/year)	K650, 000 – K1, 300,000	Chelston -Town	K8, 600
School Uniform (grades 8-12)	K90, 000 – K200, 000	Matero-Town	K8, 000
<b>Health (clinic)</b>		<b>Fuel (cost at the pump)</b>	
Registration (book)	K3, 000 - K5, 000	Petrol (per litre)	K8, 155
Self referral (Emergency Fee)	K 5, 500	Diesel (per litre)	K7, 566
Mosquito Net (private)	K30, 000 – K120, 000	Paraffin (per litre)	K5, 154

## (D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area – CSO
<b>Pay Slip</b>	K1,695,174.82 to K2,725,990.49	K2,418,245.99 to K2,798,245.99	K1,633,715.49 to K2,749,227.15	K1,403,000 (2010 Living conditions survey)

This survey was conducted on 29<sup>th</sup> April, 2013 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The March Basic Needs Basket is approximately **US\$673** based upon the exchange rate of **K5.3460** per US\$ prevailing on 29<sup>th</sup> April 2013.

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# Lusaka April 2013 Basic Needs and Nutrition Basket Report

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