

JCTR BASIC NEEDS BASKET: LUSAKA

MARCH 2013

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha	KR
Mealie meal (breakfast)	53,400	2 x 25Kgs	106,800		
Beans	24,700	3 Kgs	74,100		
Kapenta (dry)	88,900	2 Kgs	177,800		
Bream, smoked	84,300	1Kgs	84,300		
Beef, mixed cut	31,900	4 Kgs	127,600		
Dark green vegetable	6,800	4 Kgs	27,200		
Tomatoes	4,000	4 Kgs	16,000		
Onion, large	7,500	2 Kgs	15,000		
Cooking oil	34,400	3 litres	41,280		
Bread wheat, refined floor, baked	4,600	1 loaf/day	138,000		
Sugar	14,000	6 Kgs	42,000		
Tea, powder (250g)	11,500	1 Kgs	46,000		
Eggs	7,900	2 Units	15,800		
Salt	3,000	1Kgs	3,000		
Milk (fresh)	5,100	4x500ml	20,400		
Sub Total				935,280	935.2800

B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90 Kg bag)	144,000	180Kgs	288,000		
Soap (Lifebouy)	3,200	10 Tablets	32,000		
Wash soap (Boom)	4,300	4x400g	17,200		
Jelly (e.g. Vaseline)	11,700	1x500ml	11,700		
Electricity (med. density - fixed)	372,000		372,000		
Water & Sanitation (med. cost - fixed)	210,000		210,000		
Housing (med. density - 3 bedroom)	1,750,000		1,750,000		
Sub Total				2,680,900	2,680.9000
Total for Basic Needs Basket				3,616,180	3,616.1800

Totals from previous months	Feb 12	Mar 12	Apr 12	May 12	June 12	July 12	Aug 12	Sep 12	Oct 12	Nov 12	Dec 12	Jan 13	Feb 13
Amount (K)	2,996,120	2,935,680	2,907,540	2,909,820	3,395,660	3,445,000	3,456,360	3,455,500	3,450,060	3,475,720	3,532,100	3,469,680	3,645,440

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400, 000 – K600, 000	Chilenje-Town	K8, 000
Grades 10-12 (User + PTA/year)	K650, 000 – K1, 300,000	Chelston -Town	K8, 600
School Uniform (grades 8-12)	K90, 000 – K200, 000	Matero-Town	K8, 000
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3, 000 - K5, 000	Petrol (per litre)	K8, 155
Self referral (Emergency Fee)	K 5, 500	Diesel (per litre)	K7, 566
Mosquito Net (private)	K30, 000 – K120, 000	Paraffin (per litre)	K5, 154

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area – CSO
Pay Slip	K1,695,174.82 to K2,725,990.49	K2,418,245.99 to K2,798,245.99	K1,633,715.49 to K2,749,227.15	K1,403,000 (2010 Living conditions survey)

This survey was conducted on 30th March, 2013 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The March Basic Needs Basket is approximately US\$670 based upon an average middle exchange rate of K5.3933 per US\$ at the end of March

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2013-03-30

Lusaka March 2013 Basic Needs and Nutrition Basket Report

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