

JCTR BASIC NEEDS BASKET: LUSAKA

FEBRUARY 2013

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha	KR
Mealie meal (breakfast)	53,900	2 x 25Kgs	107,800		
Beans	16,600	3 Kgs	49,800		
Kapenta (dry)	123,300	2 Kgs	246,600		
Bream, smoked	85,000	1Kgs	85,000		
Beef, mixed cut	29,300	4 Kgs	117,200		
Dark green vegetable	5,100	4 Kgs	20,400		
Tomatoes	5,600	4 Kgs	22,400		
Onion, large	7,300	2 Kgs	14,600		
Cooking oil	34,700	3 Litres	41,640		
Bread	5,000	1 loaf/day	150,000		
Sugar	14,100	6 Kgs	42,300		
Tea, powder	47,600	1 Kgs	47,600		
Eggs	7,900	2 Units	15,800		
Salt	3,200	1Kgs	3,200		
Milk (fresh)	5,200	4x500ml	20,800		
Sub Total				985,140	985.1400

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	134,800	180Kgs	269,600		
Soap (Champion)	3,000	10 Tablets	30,000		
Wash Soap (Boom)	4,400	4x400g	17,600		
Jelly (e.g. Vaseline)	11,100	1x500ml	11,100		
Electricity (med. density - fixed)	372,000		372,000		
Water & Sanitation (med. cost - fixed)	210,000		210,000		
Housing (med. density - 3 bedroom)	1,750,000		1,750,000		
Sub Total				2,660,300	2,660.3000
Total for Basic Needs Basket				3,645,440	3,645.4400

Totals from previous months	Jan 12	Feb 12	Mar 12	Apr 12	May 12	June 12	July 12	Aug 12	Sep 12	Oct 12	Nov 12	Dec 12	Jan 13
Amount	K2,968,280	K2,996,120	K2,935,680	K2,907,540	K2,909,820	K3,395,660	K3,445,000	K3,456,360	3,455,500	K3,450,060	K3,475,720	K3,532,100	3,469,680

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400, 000 – K600, 000	Chilenje-Town	K8, 000
Grades 10-12 (User + PTA/year)	K650, 000 – K1, 300,000	Chelston -Town	K8, 600
School Uniform (grades 8-12)	K90, 000 – K200, 000	Matero-Town	K8, 000
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3, 000 - K5, 000	Petrol (per litre)	K8, 155
Self referral (Emergency Fee)	K 5, 500	Diesel (per litre)	K7, 566
Mosquito Net (private)	K30, 000 – K120, 000	Paraffin (per litre)	K5, 154

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area – CSO
Pay Slip	K1,695,174.82 to K2,725,990.49	K2,418,245.99 to K2,798,245.99	K1,633,715.49 to K2,749,227.15	K1,403,000 (2010 Living conditions survey)

This survey was conducted on 28th February, 2013 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The February Basic Needs Basket is approximately **US\$702** based upon an average middle exchange rate of **5.195KR** per **US\$** at the end of February.

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Reports

Advocacy on Living Conditions

2013-02-28

Lusaka January 2013 Basic Needs and Nutrition Basket Report

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