

# JCTR BASIC NEEDS BASKET: LUSAKA

## NOVEMBER 2015

### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal(breakfast)	80.00	2 x 25Kgs	160.00	
Beans	19.70	3 Kgs	59.10	
Kapenta (dry)	119.22	2 Kgs	238.44	
Bream (dry)	102.33	1Kgs	102.33	
Beef, mixed cut	37.02	4 Kgs	148.08	
Dark green vegetable	6.74	4 Kgs	26.96	
Tomatoes	6.56	4 Kgs	26.24	
Onion, large	7.46	2 Kgs	14.92	
Cooking oil (2.5 Ltrs)	55.00	3 litres	66.00	
Bread wheat, refined floor, baked	8.92	1 loaf/day	267.60	
Sugar	22.78	6 Kgs	68.34	
Milk (fresh)	6.86	4x500ml	27.44	
Tea, powder (250g)	22.21	1 Kgs	88.84	
Eggs	11.32	2 Units	22.64	
Salt	7.07	1Kgs	7.07	
<b>Sub Total</b>				<b>1,324.00</b>

### (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	138.50	2x 90Kg bags	277.00	
Soap (Lifebouy/Champion)	6.14	10 Tablets	61.40	
Wash soap (Boom)	9.11	4x400g	36.44	
Jelly (e.g Vaseline)	21.86	1x500ml	21.86	
Electricity (medium density - fixed)	372.00		372.00	
Water & Sanitation (medium cost - fixed)	325.00		325.00	
Housing (medium density - 3 bedroom)	1,750.00		1,750.00	
<b>Sub Total</b>				<b>2,843.70</b>
<b>Total for Basic Needs Basket</b>				<b>4,167.70</b>

Totals from previous months	Oct 14	Nov 14	Dec 14	Jan 15	Feb 15	Mar 15	Apr 15	May 15	Jun 15	Jul 15	Aug 15	Sept 15	Oct 15
Amount (K)	3,635.83	3,694.44	3,905.22	3,793.59	3,767.68	3,797.55	3,759.04	3,677.28	3,704.69	3,715.47	3,831.24	3,957.46	4,249.56

### (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K12.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone-Town	K12.00
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K12.00
<b>Health (clinic)</b>		<b>Fuel (cost at the pump)</b>	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.87
Self-referral (Emergency Fee)	K 5.500	Diesel (per litre)	K8.59
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.12

### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,249.56	2,547.11	2,506.79	2,727.14	4,101.58	3,692.15	2,948.80	2,419.29	2,617.64	3,200.53	3,788.82	3,445.64	3,273.27	3,157.32	2,906.13

This survey was conducted on 26<sup>th</sup> November, 2015 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The November Basic Needs Basket is approximately **US\$351** based upon the exchange rate of **K12.0751** prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation etc

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