

JCTR BASIC NEEDS BASKET: LUSAKA

OCTOBER 2015

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	83.71	2 x 25Kgs	167.42	
Beans	28.63	3 Kgs	85.89	
Kapenta (dry)	160.57	2 Kgs	321.14	
Bream (dry)	106.35	1Kgs	106.35	
Beef, mixed cut	34.42	4 Kgs	137.68	
Dark green vegetable	5.39	4 Kgs	21.56	
Tomatoes	5.77	4 Kgs	23.08	
Onion, large	6.29	2 Kgs	12.58	
Cooking oil (2.5 Ltrs)	53.21	3 litres	63.85	
Bread wheat, refined floor, baked	8.04	1 loaf/day	241.20	
Sugar	22.00	6 Kgs	66.00	
Milk (fresh)	6.18	4x500ml	24.72	
Tea, powder (250g)	21.18	1 Kgs	84.72	
Eggs	11.51	2 Units	23.02	
Salt	5.54	1Kgs	5.54	
Sub Total				1,384.75

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	150.00	2x 90Kg bags	300.00	
Soap (Lifebuoy/Champion)	6.00	10 Tablets	60.00	
Wash soap (Boom)	9.40	4x400g	37.60	
Jelly (e.g. Vaseline)	20.21	1x500ml	20.21	
Electricity (medium density - fixed)	372.00		372.00	
Water & Sanitation (medium cost - fixed)	325.00		325.00	
Housing (medium density - 3 bedroom)	1,750.00		1,750.00	
Sub Total				2,864.81
Total for Basic Needs Basket				4,249.56

Totals from previous months	Sept 14	Oct 14	Nov 14	Dec 14	Jan 15	Feb 15	Mar 15	Apr 15	May 15	Jun 15	Jul 15	Aug 15	Sept 15
Amount (K)	3,703.02	3,635.83	3,694.44	3,905.22	3,793.59	3,767.68	3,797.55	3,759.04	3,677.28	3,704.69	3,715.47	3,831.24	3,957.46

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K12.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone-Town	K12.00
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K12.00
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.87
Self-referral (Emergency Fee)	K 5.500	Diesel (per litre)	K8.59
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.12

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN OCTOBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,249.56	2,547.11	2,506.79	2,727.14	4,101.58	3,692.15	2,948.80	2,419.29	2,617.64	3,200.53	3,788.82	3,445.64	3,273.27	3,157.32	2,906.13

This survey was conducted on **26th October, 2015** by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The September Basic Needs Basket is approximately **US\$351** based upon the exchange rate of **K12.0751** prevailing on **the day of data collection**. Please note that other monthly costs would include personal care, clothing, recreation etc

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: basicjctr@jesuits.org.zm Website: www.jctr.org.zm
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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Lusaka October 2015 Basic Needs and Nutrition Basket Report

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