

# JCTR BASIC NEEDS BASKET: LUSAKA

## SEPTEMBER 2015

### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal(breakfast)	68.91	2 x 25Kgs	137.82	
Beans	19.32	3 Kgs	57.96	
Kapenta (dry)	102.89	2 Kgs	205.78	
Bream (dry)	95.09	1Kgs	95.09	
Beef, mixed cut	30.96	4 Kgs	123.84	
Dark green vegetable	6.15	4 Kgs	24.60	
Tomatoes	5.05	4 Kgs	20.20	
Onion, large	7.01	2 Kgs	14.02	
Cooking oil (2.5 Ltrs)	41.76	3 litres	50.11	
Bread wheat, refined floor, baked	6.82	1 loaf/day	204.60	
Sugar	18.50	6 Kgs	55.50	
Milk (fresh)	6.07	4x500ml	24.28	
Tea, powder	35.53	1 Kgs	35.53	
Eggs	9.44	2 Units	18.88	
Salt	4.71	1Kgs	4.71	
<b>Sub Total</b>				<b>1,072.92</b>

### (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	162.08	2x 90Kg bags	324.16	
Soap (Lifebouy/Champion)	6.51	10 Tablets	65.10	
Wash soap (Boom)	7.50	4x400g	30.00	
Jelly (e.g Vaseline)	18.28	1x500ml	18.28	
Electricity (medium density - fixed)	372.00		372.00	
Water & Sanitation (medium cost - fixed)	325.00		325.00	
Housing (medium density - 3 bedroom)	1,750.00		1,750.00	
<b>Sub Total</b>				<b>2,884.54</b>
				<b>3,957.46</b>

*Total for Basic Needs Basket*

Totals from previous months	Aug 14	Sept 14	Oct 14	Nov 14	Dec 14	Jan 15	Feb 15	Mar 15	Apr 15	May 15	Jun 15	Jul 15	Aug 15
Amount (K)	3,742.60	3,703.02	3,635.83	3,694.44	3,905.22	3,793.59	3,767.68	3,797.55	3,759.04	3,677.28	3,704.69	3,715.47	3,831.24

### (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K12.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone-Town	K12.00
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K12.00
<b>Health (clinic)</b>		<b>Fuel (cost at the pump)</b>	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.87
Self-referral (Emergency Fee)	K 5.500	Diesel (per litre)	K8.59
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.12

### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN SEPTEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,957.46	2, 521.25	2,522.51	2, 277.73	3,928.53	3, 513.80	2, 595.93	-	2,343.34	2, 950.33	3, 023.88	3, 215.82	3, 183.78	-	-

*This survey was conducted on 24<sup>th</sup> September, 2015 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The September Basic Needs Basket is approximately US\$376 based upon the exchange rate of K10.5360 prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation etc*

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# Lusaka September 2015 Basic Needs and Nutrition Basket Report

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