

JCTR BASIC NEEDS BASKET: LUSAKA

JULY 2015

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal(breakfast)	64.83	2 x 25Kgs	129.66	
Beans	18.95	3 Kgs	56.85	
Kapenta (dry)	120.79	2 Kgs	241.58	
Bream (dry)	29.11	1Kgs	29.11	
Beef, mixed cut	32.07	4 Kgs	128.28	
Dark green vegetable	4.83	4 Kgs	19.32	
Tomatoes	5.42	4 Kgs	21.68	
Onion, large	8.44	2 Kgs	16.88	
Cooking oil (2.5 Ltrs)	36.52	3 litres	43.82	
Bread wheat, refined floor, baked	5.80	1 loaf/day	174.00	
Sugar	17.86	6 Kgs	53.58	
Milk (fresh)	5.90	4x500ml	23.60	
Tea, powder	24.28	1 Kgs	24.28	
Eggs	8.59	2 Units	17.18	
Salt	4.27	1Kgs	4.27	
Sub Total				984.09

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	104.14	2x 90Kg bags	208.28
Soap (Lifebouy/Champion)	3.45	10 Tablets	34.50
Wash soap (Boom)	6.08	4x400g	24.32
Jelly (e.g Vaseline)	17.28	1x500ml	17.28
Electricity (medium density - fixed)	372.00		372.00
Water & Sanitation (medium cost - fixed)	325.00		325.00
Housing (medium density - 3 bedroom)	1,750.00		1,750.00
Sub Total			2,731.38
Total for Basic Needs Basket			3,715.47

Totals from previous months	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14	Nov 14	Dec 14	Jan 15	Feb 15	Mar 15	Apr 15	May 15	Jun 15
Amount (K)	3,681.14	3,692.34	3,742.60	3,703.02	3,635.83	3,694.44	3,905.22	3,793.59	3,767.68	3,797.55	3,759.04	3,677.28	3,704.69

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K10.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone-Town	K10.00
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K10.00
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.87
Self-referral (Emergency Fee)	K 5.500	Diesel (per litre)	K8.59
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.12

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JULY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,715.47	2,355.17	2,472.72	2,159.87	3,537.71	-	2,348.80	2,289.57	2,144.42	2,515.27	2,768.69	2,882.32	2,902.26	2,765.42	1,850.55

This survey was conducted on **29th July, 2015** by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The July Basic Needs Basket is approximately **US\$487** based upon the exchange rate of **US\$7.6328** prevailing on **the day of data collection**. Please note that other monthly costs would include personal care, clothing, recreation etc

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Lusaka July 2015 Basic Needs and Nutrition Basket Report

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