

# JCTR BASIC NEEDS BASKET: LUSAKA

AUGUST 2015

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal(breakfast)	64.86	2 x 25Kgs	129.72	
Beans	17.24	3 Kgs	51.72	
Kapenta (dry)	107.33	2 Kgs	214.66	
Bream (dry)	108.37	1Kgs	31.51	
Beef, mixed cut	26.78	4 Kgs	107.12	
Dark green vegetable	5.35	4 Kgs	21.40	
Tomatoes	4.38	4 Kgs	17.52	
Onion, large	7.37	2 Kgs	14.74	
Cooking oil (2.5 Ltrs)	37.14	3 litres	44.57	
Bread wheat, refined floor, baked	5.97	1 loaf/day	179.10	
Sugar	17.78	6 Kgs	53.34	
Milk (fresh)	5.76	4x500ml	23.04	
Tea, powder	36.33	1 Kgs	36.33	
Eggs	9.87	2 Units	19.74	
Salt	3.53	1Kgs	3.53	
<b>Sub Total</b>				<b>1,024.91</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	127.33	2x 90Kg bags	160.22	
Soap (Lifebouy/Champion)	6.47	10 Tablets	64.70	
Wash soap (Boom)	6.18	4x400g	24.72	
Jelly (e.g Vaseline)	15.24	1x500ml	15.24	
Electricity (medium density - fixed)	372.00		372.00	
Water & Sanitation (medium cost - fixed)	325.00		325.00	
Housing (medium density - 3 bedroom)	1,750.00		1,750.00	
<b>Sub Total</b>				<b>2,806.33</b>
<b>Total for Basic Needs Basket</b>				<b>3,831.24</b>

Totals from previous months	Jul 14	Aug 14	Sept 14	Oct 14	Nov 14	Dec 14	Jan 15	Feb 15	Mar 15	Apr 15	May 15	Jun 15	Jul 15
Amount (K)	3,692.34	3,742.60	3,703.02	3,635.83	3,694.44	3,905.22	3,793.59	3,767.68	3,797.55	3,759.04	3,677.28	3,704.69	3,715.47

## (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K12.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone-Town	K12.00
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K12.00
<b>Health (clinic)</b>		<b>Fuel (cost at the pump)</b>	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.87
Self-referral (Emergency Fee)	K 5.500	Diesel (per litre)	K8.59
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.12

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN AUGUST

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,659.92	-	2,530.76	2,098.77	4,386.54	-	2,501.14	2,403.60	1,990.02	2,575.85	2,723.83	3,160.49	3,415.77	2,781.77	2,230.99

This survey was conducted on 27<sup>th</sup> August, 2015 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The July Basic Needs Basket is approximately US\$433 based upon the exchange rate of US\$8.4452 prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation etc

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia  
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: [basicjctr@jesuits.org.zm](mailto:basicjctr@jesuits.org.zm) Website: [www.jctr.org.zm](http://www.jctr.org.zm)  
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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# Lusaka April 2015 Basic Needs and Nutrition Basket Report

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