

JCTR BASIC NEEDS BASKET

Lusaka

December 2015

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	79.14	2	x 25 Kg	158.29
Beans	25.85	3	Kg	77.54
Kapenta (Dry)	203.05	2	Kg	406.09
Fish (Bream, Dry)	98.09	1	Kg	98.09
Beef	37.57	4	Kg	150.28
Dark Green Vegetables	8.73	4	Kg	34.91
Tomatoes	7.51	4	Kg	30.03
Onion	9.75	2	Kg	19.50
Cooking oil (2.5L)	52.52	3	Litres	63.03
Bread	8.36	1	Loaf/day	250.74
Sugar	23.43	3	x 2 Kg	70.28
Milk	6.51	4	x 500ml	26.05
Tea	92.22	1	Kg	92.22
Eggs	11.68	2	Units	23.37
Salt	6.36	1	Kg	6.36

Sub Total

ZMW 1,506.77

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	150.50	2	x 90 Kg bag(s)	301.00
Soap (Lifebuoy/Champion)	5.67	10	Tablet(s)	56.65
Wash soap (BOOM)	9.44	4	x 400g	37.77
Jelly (e.g. Vaseline)	22.57	1	x 500ml	22.57
Electricity (medium density)	372.00	1	x 1month	372.00
Water & Sanitation (med - fixed)	325.00	1	x 1month	325.00
Housing (3 bedroom)	1,750.00	1	x 1month	1,750.00

Sub Total

ZMW 2,864.99

Total for Basic Needs Basket

ZMW 4,371.76

Totals from previous months	Nov 14	Dec 14	Jan 15	Feb 15	Mar 15	Apr 15	May 15	Jun 15	Jul 15	Aug 15	Sept 15	Oct 15	Nov 15
Amount (K)	3,694.44	3,905.22	3,793.59	3,767.68	3,797.55	3,759.04	3,677.28	3,704.69	3,715.47	3,831.24	3,957.46	4,249.56	4,167.70

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	500.00	Chilenje - Town	12.00
Grades 10-12 (User + PTA/year)	975.00	Chelston - town	12.00
School Uniform (Grades 8-12)	145.00	Matero - Town	12.00

Health

Item	Amount (ZMW)	Item	Amount (ZMW)
Registration (book)	4.00	Petrol (per litre)	9.87
Self-referral (Emergency Fee)	5.50	Diesel (per litre)	8.59
Mosquito net (private)	75.00	Paraffin (per litre)	6.12

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN DECEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,371.76	-	2,551.81	2,915.45	4,235.23	3,813.35	3,281.33	-	2,584.56	3,216.12	3,919.58	3,460.73	3,506.59	3,284.58	-

This survey was conducted on 29th December, 2015 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$398 based upon the exchange rate of K10.9614 prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation etc

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Reports

Advocacy on Living Conditions

2015-12-30

Lusaka December 2015 Basic Needs and Nutrition Basket Report

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