

JCTR BASIC NEEDS BASKET

Lusaka

March 2016

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	88.28	2	x 25 Kg	176.57
Beans	18.33	3	Kg	55.00
Kapenta (Dry)	163.40	2	Kg	326.80
Fish (Bream, Dry)	84.00	1	Kg	84.00
Beef	33.28	4	Kg	133.14
Dark Green Vegetables	7.86	4	Kg	31.43
Tomatoes	10.14	4	Kg	40.57
Onion	9.64	2	Kg	19.28
Cooking oil (2.5L)	49.43	3	Litres	59.31
Sugar	23.00	3	x 2 Kg	69.00
Milk (Long life)	6.78	4	x 500ml	27.14
Tea	105.14	1	Kg	105.14
Eggs	11.05	2	Units	22.09
Salt	6.00	1	Kg	6.00
Bread wheat, refined flour, baked	8.81	1	Loaf/day	264.39

Subtotal **ZMW 1,419.85**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW)	Quantity	Units	Total (ZMW)
Charcoal	141.00	2	x 90 Kg bag(s)	282.00
Soap (Lifebuoy/Champion)	6.92	10	Tablet(s)	69.20
Wash soap (BOOM)	9.14	4	x 400g	36.57
Jelly (e.g. Vaseline)	24.00	1	x 500ml	24.00
Electricity (medium density)	372.00	1	x 1month	372.00
Water & Sanitation (med - fixed)	325.00	1	x 1month	325.00
Housing (3 bedroom)	1,750.00	1	x 1month	1,750.00

Subtotal **ZMW 2,858.76**

Total for Basic Needs Basket **ZMW 4,278.61**

Totals from previous months	Feb 15	Mar 15	Apr 15	May 15	Jun 15	Jul 15	Aug 15	Sept 15	Oct 15	Nov 15	Dec 15	Jan 16	Feb
Amount (K)	3,767.68	3,797.55	3,759.04	3,677.28	3,704.69	3,715.47	3,831.24	3,957.46	4,249.56	4,167.70	4,371.76	4,201.04	4,220.15

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	500.00
Grades 10-12 (User + PTA/year)	975.00
School Uniform (Grades 8-12)	145.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Chilenje - Town	12.00
Chelston - town	12.00
Matero - Town	12.00

Health

item	Amount (ZMW)
Registration (book)	4.00
Self-referral (Emergency Fee)	80.00
Mosquito net (private)	75.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	9.87
Diesel (per litre)	8.59
Paraffin (per litre)	6.12

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,278.61	3,193.86	2,799.22	2,949.20	4,326.04	4,018.60	3,429.00	2,717.34	2,738.00	3,861.54	3,543.95	-	3,921.14	3,480.08	-

This survey was conducted on 26th to 28th March, 2016 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The March Basic Needs Basket is approximately US\$383 based upon the exchange rate of K11.18 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2016-03-30

Lusaka March 2016 Basic Needs and Nutrition Basket Report

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