

JCTR BASIC NEEDS BASKET

Lusaka

February 2016

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	77.14	2	x 25 Kg	154.28
Beans	18.67	3	Kg	56.01
Kapenta (Dry)	148.33	2	Kg	296.67
Fish (Bream, Dry)	86.03	1	Kg	86.03
Beef	36.20	4	Kg	144.79
Dark Green Vegetables	8.96	4	Kg	35.83
Tomatoes	12.51	4	Kg	50.05
Onion	12.66	2	Kg	25.31
Cooking oil (2.5L)	50.78	3	Litres	60.94
Bread	8.38	1	Loaf/day	251.53
Sugar	23.36	3	x 2 Kg	70.07
Milk	6.16	4	x 500ml	24.62
Tea	90.66	1	Kg	90.66
Eggs	12.62	2	Units	25.23
Salt	5.64	1	Kg	5.64

Subtotal **ZMW 1,377.67**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	138.00	2	x 90 Kg bag(s)	276.00
Soap (Lifebuoy/Champion)	5.44	10	Tablet(s)	54.35
Wash soap (BOOM)	9.57	4	x 400g	38.28
Jelly (e.g. Vaseline)	26.85	1	x 500ml	26.85
Electricity (medium density)	372.00	1	x 1month	372.00
Water & Sanitation (med - fixed)	325.00	1	x 1month	325.00
Housing (3 bedroom)	1,750.00	1	x 1month	1,750.00

Subtotal **ZMW 2,842.48**

Total for Basic Needs Basket **ZMW 4,220.15**

Totals from previous months	Jan 15	Feb 15	Mar 15	Apr 15	May 15	Jun 15	Jul 15	Aug 15	Sept 15	Oct 15	Nov 15	Dec 15	Jan 16
Amount (K)	3,793.59	3,767.68	3,797.55	3,759.04	3,677.28	3,704.69	3,715.47	3,831.24	3,957.46	4,249.56	4,167.70	4,371.76	4,201.04

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	500.00
Grades 10-12 (User + PTA/year)	975.00
School Uniform (Grades 8-12)	145.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Chilenje - Town	12.00
Chelston - town	12.00
Matero - Town	12.00

Health

Item	Amount (ZMW)
Registration (book)	4.00
Self-referral (Emergency Fee)	80.00
Mosquito net (private)	75.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	9.87
Diesel (per litre)	8.59
Paraffin (per litre)	6.12

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN FEBRUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,220.15	2,626.47	2,807.54	2,990.79	4,319.82	4,053.60	3,530	2,533.56	2,612.76	3,269.70	3,541.26	3,609.99	3,890.41	3,476.34	2,868.67

This survey was conducted on 29th February, 2016 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The February Basic Needs Basket is approximately US\$375 based upon the exchange rate of K11.25 prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation etc

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Reports

Advocacy on Living Conditions

2016-02-28

Lusaka January 2016 Basic Needs and Nutrition Basket Report

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