

JCTR BASIC NEEDS BASKET

Lusaka

July 2016

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	82.57	2	x 25 Kg	165.14
Beans	20.17	3	Kg	60.50
Kapenta (Dry)	144.23	2	Kg	288.46
Fish (Bream, Dry)	101.42	1	Kg	101.42
Beef	35.57	4	Kg	142.28
Dark Green Vegetables	6.70	4	Kg	26.80
Tomatoes	7.62	4	Kg	30.48
Onion	16.45	2	Kg	32.90
Cooking oil (2.5L)	45.71	3	Litres	54.86
Bread	7.64	1	Loaf/day	229.24
Sugar	24.93	3	x 2 Kg	74.78
Milk	7.43	4	x 500ml	29.71
Tea	77.42	1	Kg	77.42
Eggs	9.86	2	Units	19.71
Salt	5.71	1	Kg	5.71

Subtotal **ZMW 1,339.41**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	143.33	2	x 90 Kg bag(s)	286.67
Soap (Lifebuoy/Champion)	8.21	10	Tablet(s)	82.13
Wash soap (BOOM)	9.86	4	x 400g	47.99
Jelly (e.g. Vaseline)	17.28	1	x 500ml	17.28
Electricity (medium density)	200.00	1	x 1month	200.00
Water & Sanitation (med - fixed)	197.21	1	x 1month	197.21
Housing (3 bedroom)	2,650.00	1	x 1month	2,650.00

Subtotal **ZMW 3,481.28**

Total for Basic Needs Basket **ZMW 4,820.70**

Totals from previous months	June 15	July 15	Aug 15	Sept 15	Oct 15	Nov 15	Dec 15	Jan 16	Feb 16	Mar 16	April 16	May 16	June 16
Amount (K)	3,704.69	3,715.47	3,831.24	3,957.46	4,249.56	4,167.70	4,371.76	4,201.04	4,220.15	4,278.61	4,293.95	4,817.41	4,810.52

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount
Grades 8-9 (User + PTA/year)	500.00
Grades 10-12 (User + PTA/year)	975.00
School Uniform (Grades 8-12)	145.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Chilenje - Town	12.00
Chelston - town	12.00
Matero - Town	12.00

Health

Item	Amount
Registration (book)	4.00
Self-referral (Emergency Fee)	80.00
Mosquito net (private)	75.00

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	9.87
Diesel (per litre)	8.59
Paraffin (per litre)	6.12

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JULY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,820.70	3,104.05	2,702.45	2,991.79	4,460.70	4,047.52	3,226.30	2,801.71	2,778.00	-	4,001.85	3,577.35	3,852.83	3,455.57	2,692.25

This survey was conducted on 28th to 29th July, 2016 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The July Basic Needs Basket is approximately US\$487 based upon the exchange rate of K9.90 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

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2016-07-30

Lusaka July 2016 Basic Needs and Nutrition Basket Report

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