

JCTR BASIC NEEDS AND NUTRITION BASKET

Mansa

April 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Breakfast)	83.22 25kg	2 25kg	166.43
Beans	10.57 kg	3 kg	31.70
Fish (Bream, Dry)	36.25 kg	1 kg	36.25
Beef	38.25 kg	4 kg	152.98
Vegetables	4.33 kg	4 kg	17.30
Tomatoes	11.52 kg	4 kg	46.06
Onion	17.36 kg	2 kg	34.72
Cooking oil (2.5lts)	44.50 Litres	3 Litres	53.40
Bread	6.83 Loaf/day	1 Loaf/day	204.95
Sugar	27.43 2kg	3 2kg	82.29
Milk	7.00 500ml	4 500ml	27.99
Tea	44.13 kg	1 kg	44.13
Eggs	9.08 unit (10 eggs)	2 unit (10 eggs)	18.16
Salt	6.33 kg	1 kg	6.33
SubTotal			ZMW 922.69

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	77.40 90kg bag(s)	2 90kg bag(s)	154.80
Soap (Lifebuoy/Champion)	4.83 Tablet(s)	10 Tablet(s)	48.32
Wash soap (BOOM)	9.83 400g	4 400g	39.33
Jelly (Vaseline)	27.43 500ml	1 500ml	27.43
Electricity (medium density)	292.00 95	1 95	292.00
Water & Sanitation (med - fixed)	115.13 95	1 95	115.13
Housing (3 bedroom)	1,233.00 95	1 95	1,233.00
Subtotal			ZMW 1,910.01
Total for Basic Needs and Nutrition Basket			ZMW 2,832.70

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round trip)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	60.00	Maiteneke-Town	5.00
Grades 8-9 (User + PTA/year)	165.00	Senama-Town	4.00
Grades 10-12 (User + PTA/year)	975.00		
School Uniform (Grades 1-7)	75.00		
School Uniform (Grades 8-9)	210.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	17.00	Petrol (per litre)	13.75
		Diesel (per litre)	12.01
		Paraffin (per litre)	8.85

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

This survey was conducted on 27th December, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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Mansa April 2018 Basic Needs and Nutrition Basket Report

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