

JCTR BASIC NEEDS BASKET

Chinsali

September 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	108.75 25 kg bag	2 x 25Kg	217.50
Rice	149.18 5kg	4kg	119.34
Cassava Flour	21.23 1kg	6kg	127.40
(Sweet) Potatoes	25.20 1 Kg	4 Kg	100.82
Beans	24.10 1kg	3kg	72.31
Pounded Groundnut	34.99 1kg	1kg	34.99
Soya Pieces	23.06 1 kg	2kg	46.12
Beef	40.00 1kg	2kg	80.00
Chicken	50.00 2kg	5kg	125.00
Kapenta	118.81 1kg	1kg	118.81
Eggs	15.00 1 unit (10 eggs)	3 Trays (90 eggs)	135.00
Milk (Fresh)	8.00 500 ml	10 liters	160.00
Vegetables	280.04 40 Kg	40kg	280.04
Onion	8.43 1 Kg	4 Kg	33.74
Tomatoes	5.93 1 kg	6 kg	35.57
Banana	11.52 1 Kg	16 Kg	184.39
Other Fruits	20.41 1 kg	14 Kg	285.74
Cooking oil (2.5lts)	55.00 2.5lt	3.6lt	79.20
Salt	6.00 1 Kg	1 Kg	6.00
Subtotal			ZMW 2,241.98

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	90.00 90kg bag(s)	2 90kg bag(s)	180.00
Soap (Lifebuoy/Champion)	8.00 Tablet(s)	3 Tablet(s)	24.00
Wash soap (BOOM)	16.50 400g	4 400g	66.00
Jelly (Vaseline)	15.25 500ml	1 500ml	15.25
Electricity (medium density)	100.00 Month(s)	1 Month(s)	100.00
Water & Sanitation (med - fixed)	184.00 Month(s)	1 Month(s)	184.00
Housing (3 bedroom)	1,750.00 Month(s)	1 Month(s)	1,750.00
Sanitary towels	12.00 Pack of 10	2 Pack of 10	24.00
Toilet Paper (2ply)	6.00 Tissue(s)	6 Tissue(s)	36.00
Subtotal			ZMW 2,379.25

Total for Basic Needs Basket

ZMW 4,621.23

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	50.00		
Grades 8-9 (User + PTA/year)	250.00		
Grades 10-12 (User + PTA/year)	420.00		
School Uniform (Grades 1-7)	150.00		
School Uniform (Grades 8-9)	270.00		
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Malaria test	20.00	Petrol (per litre)	15.98
		Diesel (per litre)	14.23
		Paraffin (per litre)	13.02

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 26th September, 2019 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Kabuta, Kalukungu market, new market and old market around Chinsali. The September Basic Needs Basket is approximately US\$355 based upon the exchange rate of K13 prevailing on the days of data collection. Please note that other monthly costs would personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2019-09-30

Ndola September 2019 Basic Needs and Nutrition Basket report

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