

JCTR BASIC NEEDS AND NUTRITION BASKET

Luanshya

April 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Breakfast	80.25 25kg	2 25kg	160.50
Beans	21.00 kg	3 kg	63.00
Kapenta (Dry)	188.00 kg	2 kg	376.00
Fish (Bream, Dry)	202.00 kg	1 kg	202.00
Beef	39.00 kg	4 kg	155.99
Vegetables	6.00 kg	4 kg	24.00
Tomatoes	30.00 kg	4 kg	120.00
Onion	24.17 kg	2 kg	48.33
Cooking oil (2.5lts)	45.50 Litres	3 Litres	54.60
Bread	7.50 Loaf/day	1 Loaf/day	224.95
Sugar	27.10 2kg	3 2kg	81.29
Milk	7.00 500ml	4 500ml	27.99
Tea	39.00 kg	1 kg	39.00
Salt	10.66 kg	1 kg	10.66
SubTotal			ZMW 1,588.31

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	192.00 90kg bag(s)	2 90kg bag(s)	384.00
Soap (Lifebuoy/Champion)	5.55 Tablet(s)	10 Tablet(s)	55.48
Wash soap (BOOM)	9.92 400g	4 400g	39.66
Jelly (Vaseline)	23.33 500ml	1 500ml	23.33
Electricity (medium density)	292.00 95	1 95	292.00
Water & Sanitation (med - fixed)	104.00 95	1 95	104.00
Housing (3 bedroom)	1,500.00 95	1 95	1,500.00

Subtotal **ZMW 2,398.47**

Total for Basic Needs and Nutrition Basket **ZMW 3,986.79**

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	125.00	Mpatamatu-Town	16.00
Grades 8-9 (User + PTA/year)	600.00	Roan-Town	8.00
Grades 10-12 (User + PTA/year)	930.00		
School Uniform (Grades 1-7)	90.00		
School Uniform (Grades 8-9)	120.00		
School Uniform (Grades 8-12)	150.00		

Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	13.75
Malaria test	10.00	Diesel (per litre)	12.01
Consultation Fee	20.00	Paraffin (per litre)	8.03

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

This survey was conducted on 27th December, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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Luanshya April 2018 Basic Needs and Nutrition Basket Report

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