

JCTR BASIC NEEDS AND NUTRITION BASKET

Mansa

September 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Breakfast)	81.50 25kg	2 25kg	163.00
Beans	16.65 kg	3 kg	49.95
Kapenta (Dry)	68.67 kg	2 kg	137.33
Fish (Bream, Dry)	28.59 kg	1 kg	28.59
Beef	39.25 kg	4 kg	157.00
Vegetables	2.06 kg	4 kg	8.23
Tomatoes	5.00 kg	4 kg	20.00
Onion	11.22 kg	2 kg	22.44
Cooking oil (2.5lts)	47.33 Litres	3 Litres	56.80
Bread	6.83 Loaf/day	1 Loaf/day	205.00
Sugar	25.83 2kg	3 2kg	77.50
Milk	6.83 500ml	4 500ml	27.33
Tea	63.50 kg	1 kg	63.50
Eggs	10.83 unit (10 eggs)	2 unit (10 eggs)	21.67
Salt	6.50 kg	1 kg	6.50
SubTotal			ZMW 1,044.85

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	75.60 90kg bag(s)	2 90kg bag(s)	151.20
Soap (Lifebuoy/Champion)	5.00 Tablet(s)	10 Tablet(s)	50.00
Wash soap (BOOM)	9.83 400g	4 400g	39.33
Jelly (Vaseline)	23.33 500ml	1 500ml	23.33
Electricity (medium density)	292.00 95	1 95	292.00
Water & Sanitation (med - fixed)	115.00 95	1 95	115.00
Housing (3 bedroom)	1,233.00 95	1 95	1,233.00
Subtotal			ZMW 1,903.86
Total for Basic Needs and Nutrition Basket			ZMW 2,948.71

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	60.00	Maiteneke-Town	5.00
Grades 8-9 (User + PTA/year)	168.00	Senama-Town	4.00
Grades 10-12 (User + PTA/year)	975.00		
School Uniform (Grades 1-7)	75.00		
School Uniform (Grades 8-9)	210.00		
School Uniform (Grades 8-12)	535.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	17.00	Petrol (per litre)	13.75
		Diesel (per litre)	12.01
		Paraffin (per litre)	8.85

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

This survey was conducted on 27th December, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chanda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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2018-09-30

Mansa September 2018 Basic Needs and Nutrition Basket report

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