

JCTR BASIC NEEDS BASKET

Mongu

January 2017

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	104.05	2	x 25 Kg	208.10
Beans	25.27	3	Kg	75.80
Kapenta (Dry)	136.29	2	Kg	272.58
Beef	34.50	4	Kg	138.00
Dark Green Vegetables	8.38	4	Kg	33.52
Tomatoes	7.55	4	Kg	30.19
Onion	11.87	2	Kg	23.73
Cooking oil (2.5L)	55.50	2.5	Litres	55.50
Bread	8.88	1	Loaf/day	266.45
Sugar	25.50	3	x 2 Kg	76.50
Milk	7.83	4	x 500ml	31.33
Tea	81.33	1	Kg	81.33
Eggs	16.83	2	Units	33.66
Salt	6.16	1	Kg	6.16

SubTotal

ZMW 1,332.84

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	91.80	2	x 90 Kg bag(s)	183.60
Soap (Lifebuoy/Champion)	9.40	10	Tablet(s)	93.98
Wash soap (BOOM)	9.65	4	x 400g	47.59
Jelly (e.g. Vaseline)	25.41	1	x 500ml	25.41
Electricity (medium density)	150.00	1	x 1month	150.00
Water & Sanitation (med - fixed)	135.00	1	x 1month	135.00
Housing (3 bedroom)	1,000.00	1	x 1month	1,000.00

Subtotal

ZMW 1,635.58

Total for Basic Needs Basket

ZMW 2,968.42

Totals from previous months	Dec 15	Jan 16	Feb 16	Mar 16	Apr 16	May 16	June 16	July 16	Aug 16	Sept 16	Oct 16	Nov16	Dec 16
Amount (K)	2,915.45	3,368.99	2,990.79	2,949.20	2,939.77	2,950.26	3,008.35	2,991.79	3,375.57	2,998.85	3,087.65	3,072.42	2,991.11

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount	Transport (bus fare round trip)	Item	Amount (ZMW)
Grades 10-12 (User + PTA/year)	1,200.00	Shoprite-Town		8.00
School Uniform (Grades 1-7)	304.00	Imwiko-Town		8.00
School Uniform (Grades 8-12)	419.00	Kapulanga-Town		12.00

Health

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	13.70
Diesel (per litre)	11.40

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,935.46	3,011.64	3,167.45	2,968.42	4,067.79	4,161.71	3,771.50	2,730.83	2,620.88	3,701.76	4,034.37	3,523.88	3,900.83	3,662.44	2,728.00

This survey was conducted on 28th – 30th January 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at town centre market, Imwiko market, mulambwa market, Kapulanga market, central market and shoprite. The January Basic Needs Basket is approximately US\$302 based upon the exchange rate of K9.84 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2017-01-30

Mongu January 2017 Basic Needs and Nutrition Basket Report

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