

JCTR BASIC NEEDS AND NUTRITION BASKET

Kitwe

April 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Breakfast)	85.50 25kg	2 25kg	171.00
Beans	21.33 kg	3 kg	64.00
Kapenta (Dry)	223.75 kg	2 kg	447.50
Fish (Bream, Dry)	272.50 kg	1 kg	272.50
Beef	46.17 kg	4 kg	184.67
Vegetables	6.88 kg	4 kg	27.50
Tomatoes	20.30 kg	4 kg	81.19
Onion	17.00 kg	2 kg	33.99
Cooking oil (2.5lts)	45.90 Litres	3 Litres	55.08
Bread	9.30 Loaf/day	1 Loaf/day	279.00
Sugar	27.50 2kg	3 2kg	82.50
Milk	8.20 500ml	4 500ml	32.79
Tea	113.40 kg	1 kg	113.40
Eggs	9.75 unit (10 eggs)	2 unit (10 eggs)	19.50
Salt	8.80 kg	1 kg	8.80
SubTotal			ZMW 1,873.41

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	142.67 90kg bag(s)	2 90kg bag(s)	285.33
Soap (Lifebuoy/Champion)	6.50 Tablet(s)	10 Tablet(s)	64.98
Wash soap (BOOM)	8.80 400g	4 400g	35.19
Jelly (Vaseline)	24.00 500ml	1 500ml	24.00
Electricity (medium density)	292.00 95	1 95	292.00
Water & Sanitation (med - fixed)	254.00 95	1 95	254.00
Housing (3 bedroom)	1,600.00 95	1 95	1,600.00
Subtotal			ZMW 2,555.50

Total for Basic Needs and Nutrition Basket

ZMW 4,428.92

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	600.00	Chamboli-Town	10.00
Grades 10-12 (User + PTA/year)	850.00	Chimwemwe-Town	10.00
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Malaria test	20.00	Petrol (per litre)	13.87
CD4 Count	200.00	Diesel (per litre)	12.75

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

This survey was conducted on 27th December, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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2018-04-30

Kitwe April 2018 Basic Needs and Nutrition Basket Report

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