

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

April 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Breakfast)	78.40 25kg	2 25kg	156.80
Beans	21.24 kg	3 kg	63.71
Kapenta (Dry)	200.00 kg	2 kg	400.00
Fish (Bream, Dry)	110.00 kg	1 kg	110.00
Beef	44.00 kg	4 kg	175.99
Vegetables	24.25 kg	4 kg	97.00
Tomatoes	13.26 kg	4 kg	53.02
Onion	16.00 kg	2 kg	32.00
Cooking oil (2.5lts)	46.20 Litres	3 Litres	55.44
Bread	7.70 Loaf/day	1 Loaf/day	230.94
Sugar	26.90 2kg	3 2kg	80.69
Milk	7.40 500ml	4 500ml	29.59
Tea	78.39 kg	1 kg	78.39
Eggs	10.20 unit (10 eggs)	2 unit (10 eggs)	20.40
Salt	8.00 kg	1 kg	8.00
SubTotal			ZMW 1,591.96

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	154.00 90kg bag(s)	2 90kg bag(s)	308.00
Soap (Lifebuoy/Champion)	5.45 Tablet(s)	10 Tablet(s)	54.48
Wash soap (BOOM)	9.12 400g	4 400g	36.49
Jelly (Vaseline)	34.50 500ml	1 500ml	34.50
Water & Sanitation (med - fixed)	150.00 95	1 95	150.00
Housing (3 bedroom)	2,500.00 95	1 95	2,500.00
Subtotal			ZMW 3,083.46
Total for Basic Needs and Nutrition Basket			ZMW 4,675.42

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	300.00	Petrol (per litre)	13.75
Grades 8-9 (User + PTA/year)	1,050.00	Diesel (per litre)	12.01
Grades 10-12 (User + PTA/year)	1,050.00	Paraffin (per litre)	8.85
School Uniform (Grades 1-7)	369.00		
School Uniform (Grades 8-9)	839.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Malaria test	25.00	Petrol (per litre)	13.75
		Diesel (per litre)	12.01
		Paraffin (per litre)	8.85

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

This survey was conducted on 27th December, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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2018-04-30

Kabwe April 2018 Basic Needs and Nutrition Basket Report

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