

JCTR BASIC NEEDS AND NUTRITION BASKET

Luanshya

September 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Breakfast)	78.17 25kg	2 25kg	156.33
Beans	21.67 kg	3 kg	65.00
Kapenta (Dry)	164.00 kg	2 kg	328.00
Fish (Bream, Dry)	200.00 kg	1 kg	200.00
Beef	38.50 kg	4 kg	153.99
Vegetables	6.00 kg	4 kg	24.00
Tomatoes	6.00 kg	4 kg	23.99
Onion	11.83 kg	2 kg	23.66
Cooking oil (2.5lts)	43.17 Litres	3 Litres	51.80
Bread	7.33 Loaf/day	1 Loaf/day	219.95
Sugar	24.75 2kg	3 2kg	74.25
Tea	39.66 kg	1 kg	39.66
Salt	11.00 kg	1 kg	11.00
SubTotal			ZMW 1,371.63

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	196.00 90kg bag(s)	2 90kg bag(s)	392.00
Soap (Lifebuoy/Champion)	8.33 Tablet(s)	10 Tablet(s)	83.32
Wash soap (BOOM)	9.50 400g	4 400g	37.99
Jelly (Vaseline)	21.41 500ml	1 500ml	21.41
Electricity (medium density)	292.00 95	1 95	292.00
Water & Sanitation (med - fixed)	189.80 95	1 95	189.80
Housing (3 bedroom)	1,500.00 95	1 95	1,500.00

Subtotal

ZMW 2,516.52

Total for Basic Needs and Nutrition Basket

ZMW 3,888.15

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	125.00	Mpatamatu-Town	16.00
Grades 10-12 (User + PTA/year)	930.00	Roan - Kalala	8.00
School Uniform (Grades 1-7)	90.00	Roan-Town	8.00
School Uniform (Grades 8-9)	120.00		
School Uniform (Grades 8-12)	150.00		
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
item	Amount (ZMW)	Item	Amount (ZMW)
Malaria test	10.00	Petrol (per litre)	13.75
		Diesel (per litre)	12.01
		Paraffin (per litre)	8.03

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

This survey was conducted on 27th December, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chanda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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2018-09-30

Luanshya September 2018 Basic Needs and Nutrition Basket report

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