

# JCTR BASIC NEEDS BASKET

**Kasama**

**January 2017**

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	104.36	2	x 25 Kg	208.72
Beans	15.40	3	Kg	46.19
Kapenta (Dry)	144.59	2	Kg	289.18
Beef	38.10	4	Kg	152.39
Dark Green Vegetables	4.00	4	Kg	16.00
Tomatoes	8.50	4	Kg	33.99
Onion	9.50	2	Kg	19.00
Cooking oil (2.5L)	47.60	2.5	Litres	53.32
Bread	7.66	1	Loaf/day	229.74
Sugar	25.50	3	x 2 Kg	76.49
Milk	7.50	4	x 500ml	29.99
Tea	57.46	1	Kg	57.46
Eggs	11.00	2	Units	22.00
Salt	5.00	1	Kg	5.00

**SubTotal**

**ZMW 1,239.47**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW)	Quantity	Units	Total (ZMW)
Charcoal	63.00	2	x 90 Kg bag(s)	126.00
Soap (Lifebuoy/Champion)	9.20	10	Tablet(s)	91.98
Wash soap (BOOM)	10.20	4	x 400g	40.79
Jelly (e.g. Vaseline)	20.40	1	x 500ml	20.40
Electricity (medium density)	178.00	1	x 1month	178.00
Water & Sanitation (med - fixed)	190.00	1	x 1month	190.00
Housing (3 bedroom)	1,125.00	1	x 1month	1,125.00

**Subtotal**

**ZMW 1,772.17**

**Total for Basic Needs Basket**

**ZMW 3,011.64**

Totals from previous months	Dec 15	Jan 16	Feb 16	Mar 16	April 16	May 16	June 16	July 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16
Amount (K)	4,371.76	4,201.04	4,220.15	4,278.61	4,293.95	4,817.41	4,810.52	4,820.70	4,870.89	4,934.09	5,036.28	5,005.14	2,997.91

## (C) SOME OTHER ADDITIONAL COSTS

### *Education*

### *Transport (bus fare round trip)*

Item	Amount (ZMW)
Location-Town	15.00
Kasama- Nakonde	15.00

### *Health item*

**Amount**

### *Fuel (cost at the pump)*

**Item**

**Amount (ZMW)**

Consultation Fee	10.00	Petrol (per litre)	9.87
		Diesel (per litre)	8.97

## D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,935.46	3,011.64	3,167.45	2,968.42	4,067.79	4,161.71	3,771.50	2,730.83	2,620.88	3,701.76	4,034.37	3,523.88	3,900.83	3,662.44	2,728.00

*This survey was conducted on 26<sup>th</sup> – 27<sup>th</sup> January, 2017 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Tazara, chambeshi, chikumanino, newtown and shoprite around Kasama. The January Basic Needs Basket is approximately US\$306 based upon the exchange rate of K9.84 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

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JCTR Repository

<https://repository.jctr.org.zm>

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Reports

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2017-01-30

# Kasama January 2017 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

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