

# JCTR BASIC NEEDS BASKET

Solwezi

September 2019

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	121.67 25 kg bag	2 x 25Kg	243.33
Rice	72.38 5kg	4kg	57.91
Cassava Flour	3.79 1kg	6kg	22.72
(Sweet) Potatoes	6.40 1 Kg	4 Kg	25.60
Beans	50.43 1kg	3kg	151.30
Pounded Groundnut	29.42 1kg	1kg	29.42
Soya Pieces	9.58 1 kg	2kg	19.17
Beef	46.17 1kg	2kg	92.33
Chicken	48.07 2kg	5kg	120.17
Kapenta	126.16 1kg	1kg	126.16
Eggs	43.31 1 unit (10 eggs)	3 Trays (90 eggs)	389.83
Milk (Fresh)	5.83 500 ml	10 liters	116.67
Vegetables	267.38 40 Kg	40kg	267.38
Onion	7.67 1 Kg	4 Kg	30.69
Tomatoes	7.72 1 kg	6 kg	46.30
Banana	3.72 1 Kg	16 Kg	59.51
Other Fruits	10.46 1 kg	14 Kg	146.45
Cooking oil (2.5lts)	94.49 2.5lt	3.6lt	136.07
Salt	10.83 1 Kg	1 Kg	10.83
Tea	18.79 250g	250g	18.79
<b>Subtotal</b>			<b>ZMW 2,110.63</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	102.00 90kg bag(s)	2 90kg bag(s)	204.00
Soap (Lifebuoy/Champion)	23.33 Tablet(s)	3 Tablet(s)	70.00
Wash soap (BOOM)	69.17 400g	4 400g	276.67
Jelly (Vaseline)	41.67 500ml	1 500ml	41.67
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	2,220.00 Month(s)	1 Month(s)	2,220.00
Sanitary towels	51.67 Pack of 10	2 Pack of 10	103.33
Toilet Paper (2ply)	14.17 Tissue(s)	6 Tissue(s)	85.00
Lotion (Dawn)	38.83 250ml	1 250ml	38.83
<b>Subtotal</b>			<b>ZMW 3,459.50</b>
<b>Total for Basic Needs Basket</b>			<b>ZMW 5,570.13</b>

## (C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round trip)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	444.00		
School Uniform (Grades 1-7)	180.00		
School Uniform (Grades 8-9)	225.00		
School Uniform (Grades 8-12)	430.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	15.98
Malaria test	50.00	Diesel (per litre)	13.43
Consultation Fee	50.00	Paraffin (per litre)	11.34

## (D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

### Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 28<sup>th</sup> September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, Mitec Market and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The September Basic Needs Basket is approximately US\$428 based upon the average exchange rate of K13 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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**JCTR Repository**

**<https://repository.jctr.org.zm>**

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Statements

Advocacy on Living Conditions

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2019-09-30

# Solwezi September 2019 Basic Needs and Nutrition Basket report

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