

JCTR BASIC NEEDS BASKET

Choma

January 2017

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	89.63	2	x 25 Kg	179.25
Beans	24.20	3	Kg	72.60
Kapenta (Dry)	119.63	2	Kg	239.25
Fish (Bream, Dry)	101.05	1	Kg	101.05
Beef	29.25	4	Kg	117.00
Dark Green Vegetables	6.40	4	Kg	25.60
Tomatoes	9.50	4	Kg	38.00
Onion	7.36	2	Kg	14.71
Cooking oil (2.5L)	49.63	2.5	Litres	49.63
Bread	8.88	1	Loaf/day	266.25
Sugar	24.63	3	x 2 Kg	73.88
Milk	7.40	4	x 500ml	29.60
Tea	113.40	1	Kg	113.40
Eggs	9.95	2	Units	19.90
Salt	5.83	1	Kg	5.83

SubTotal **ZMW 1,345.94**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	156.67	2	x 90 Kg bag(s)	313.33
Soap (Lifebuoy/Champion)	4.54	10	Tablet(s)	45.38
Wash soap (BOOM)	9.58	4	x 400g	38.30
Jelly (e.g. Vaseline)	22.13	1	x 500ml	22.13
Electricity (medium density)	301.37	1	x 1month	301.37
Water & Sanitation (med - fixed)	96.00	1	x 1month	96.00
Housing (3 bedroom)	1,500.00	1	x 1month	1,500.00

Subtotal **ZMW 2,316.50**

Total for Basic Needs Basket **ZMW 3,662.44**

Totals from previous months	Dec 15	Jan 16	Feb 16	Mar 16	Apr 16	May 16	Jun 16	July 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16
Amount (K)	3,284.58	3,526.46	3,476.34	3,480.08	3,484.87	3,427.89	3,569.84	3,455.57	3,539.27	3,622.93	3,575.98	3,575.83	3,717.50

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round trip)	
Item	Amount	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Kalukungu-Town	14.00
Grades 8-9 (User + PTA/year)	375.00	Macha Road-Town	14.00
Grades 10-12 (User + PTA/year)	1,227.50		

Health		Fuel (cost at the pump)	
item	Amount	Item	Amount (ZMW)
Mosquito net (private)	60.00	Petrol (per litre)	12.50
Malaria test	40.00	Diesel (per litre)	10.72
Consultation Fee	100.00	Paraffin (per litre)	6.81
CD4 Count	77.00		
Fast-Track Consultation	100.00		

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,935.46	3,011.64	3,167.45	2,968.42	4,067.79	4,161.71	3,771.50	2,730.83	2,620.88	3,701.76	4,034.37	3,523.88	3,900.83	3,662.44	2,728.00

This survey was conducted on 26th – 27th January, 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at spar, macha road, makalanguzu and kalukungu. The January Basic Needs Basket is approximately US\$372 based upon the exchange rate of K9.84 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2017-01-30

Choma January 2017 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

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