

# JCTR BASIC NEEDS BASKET

Mpika

January 2017

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	88.75	2	x 25 Kg	177.50
Beans	20.00	3	Kg	60.00
Kapenta (Dry)	87.50	2	Kg	175.00
Fish (Bream, Dry)	95.00	1	Kg	95.00
Beef	38.75	4	Kg	155.00
Dark Green Vegetables	4.75	4	Kg	19.00
Tomatoes	9.00	4	Kg	36.00
Onion	11.00	2	Kg	22.00
Cooking oil (2.5L)	52.50	2.5	Litres	52.50
Bread	9.00	1	Loaf/day	270.00
Sugar	26.00	3	x 2 Kg	78.00
Milk	8.25	4	x 500ml	33.00
Tea	47.00	1	Kg	47.00
Eggs	15.00	2	Units	30.00
Salt	5.38	1	Kg	5.38

**SubTotal**

**ZMW 1,255.38**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW)	Quantity	Units	Total (ZMW)
Charcoal	63.00	2	x 90 Kg bag(s)	126.00
Soap (Lifebuoy/Champion)	6.75	10	Tablet(s)	67.50
Wash soap (BOOM)	10.25	4	x 400g	41.00
Jelly (e.g. Vaseline)	21.00	1	x 500ml	21.00
Electricity (medium density)	160.00	1	x 1month	160.00
Water & Sanitation (med - fixed)	150.00	1	x 1month	150.00
Housing (3 bedroom)	800.00	1	x 1month	800.00

**Subtotal**

**ZMW 1,365.50**

**Total for Basic Needs Basket**

**ZMW 2,620.88**

Totals from previous months	Dec 15	Jan 16	Feb 16	Mar 16	Apr 16	May 16	June 16	July 16	Aug 16	Sept	Oct 16	Nov 16	Dec 16
Amount (K)	2,584.56	2,588.56	2,612.76	2,738.00	2,615.16	2,590.08	2,583.20	2,778.00	2,684.80	-	2,674.80	-	2,629.16

## (C) SOME OTHER ADDITIONAL COSTS

<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Item	Amount	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	252.00	Tazara-Town	80.00
Grades 8-9 (User + PTA/year)	1,290.00	Chilonga-Town	160.00
Grades 10-12 (User + PTA/year)	1,452.00		
School Uniform (Grades 1-7)	280.00		
School Uniform (Grades 8-9)	385.00		
<b>Health</b>		<b>Fuel (cost at the pump)</b>	
item	Amount	Item	Amount (ZMW)
Self-referral (Emergency Fee)	150.00	Petrol (per litre)	12.50
Malaria test	35.00	Diesel (per litre)	10.72
		Paraffin (per litre)	6.81

## D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,935.46	3,011.64	3,167.45	2,968.42	4,067.79	4,161.71	3,771.50	2,730.83	2,620.88	3,701.76	4,034.37	3,523.88	3,900.83	3,662.44	2,728.00

*This survey was conducted on 30th January, 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Tazara Market, Tazara old Market, Musakanya Market, Chilonga Market and Town centre. Additional information was obtained from ZESCO, water and Sewerage Companies, schools, clinics and houses around Mpika. The January Basic Needs Basket is approximately US\$266 based upon the exchange rate of K9.84 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

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**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

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Reports

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2017-01-30

# Mansa January 2017 Basic Needs and Nutrition Basket Report

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