

# JCTR BASIC NEEDS BASKET

**Lusaka**

**January 2017**

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Mealie Meal	95.96	2 x 25 Kg	191.91
Beans	25.46	3 Kg	76.37
Kapenta (Dry)	167.70	2 Kg	335.40
Fish (Bream, Dry)	103.82	1 Kg	103.82
Beef	37.86	4 Kg	151.42
Dark Green Vegetables	7.43	4 Kg	29.73
Tomatoes	8.20	4 Kg	32.79
Onion	7.74	2 Kg	15.48
Cooking oil (2.5L)	49.57	2.5 Litres	53.86
Bread	7.98	1 Loaf/day	239.53
Sugar	25.64	3 x 2 Kg	76.92
Milk	7.47	4 x 500ml	29.88
Tea	95.14	1 Kg	95.14
Eggs	10.43	2 Units	20.86
Salt	5.88	1 Kg	5.88

**SubTotal**

**ZMW 1,459.01**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW)	Quantity Units	Total (ZMW)
Charcoal	155.00	2 x 90 Kg bag(s)	310.00
Soap (Lifebuoy/Champion)	6.28	10 Tablet(s)	62.84
Wash soap (BOOM)	8.82	4 x 400g	35.26
Jelly (e.g. Vaseline)	21.14	1 x 500ml	21.14
Electricity (medium density)	200.00	1 x 1month	200.00
Water & Sanitation (med - fixed)	197.21	1 x 1month	197.21
Housing (3 bedroom)	2,650.00	1 x 1month	2,650.00

**Subtotal**

**ZMW 3,476.45**

**Total for Basic Needs Basket**

**ZMW 4,935.46**

Totals from previous months	Dec 15	Jan 16	Feb 16	Mar 16	April 16	May 16	June 16	July 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16
Amount (K)	4,371.76	4,201.04	4,220.15	4,278.61	4,293.95	4,817.41	4,810.52	4,820.70	4,870.89	4,934.09	5,036.28	5,005.14	4,976.67

## (C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	145.00	Chilenje - Town	14.00
Grades 8-9 (User + PTA/year)	500.00	Chelston - town	14.00
Grades 10-12 (User + PTA/year)	975.00	Matero - Town	14.00
<i>Health item</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount	Item	Amount (ZMW)
Self-referral (Emergency Fee)	80.00	Petrol (per litre)	13.70
Mosquito net (private)	75.00	Diesel (per litre)	11.40
		Paraffin (per litre)	8.03

## D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,935.46	3,011.64	3,167.45	2,968.42	4,067.79	4,161.71	3,771.50	2,730.83	2,620.88	3,701.76	4,034.37	3,523.88	3,900.83	3,662.44	2,728.00

*This survey was conducted on 25th - 26th January 2017 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The January Basic Needs Basket is approximately US\$502 based upon the exchange rate of K9.84 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

**<https://repository.jctr.org.zm>**

---

Reports

Advocacy on Living Conditions

---

2017-01-30

# Lusaka January 2017 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

---

<https://hdl.handle.net/20.500.14274/1349>

*Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)*