

# JCTR BASIC NEEDS BASKET

Chipata

September 2019

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	117.00 25 kg bag	2 x 25Kg	234.00
Rice	55.09 5kg	4kg	44.07
Cassava Flour	18.26 1kg	6kg	109.58
(Sweet) Potatoes	6.37 1 Kg	4 Kg	25.47
Beans	16.20 1kg	3kg	48.61
Pounded Groundnut	33.74 1kg	1kg	33.74
Soya Pieces	28.89 1 kg	2kg	57.78
Beef	24.17 1kg	2kg	48.33
Chicken	50.50 2kg	5kg	126.25
Kapenta	111.64 1kg	1kg	111.64
Eggs	14.67 1 unit (10 eggs)	3 Trays (90 eggs)	132.00
Milk (Fresh)	7.58 500 ml	10 liters	151.67
Vegetables	191.08 40 Kg	40kg	191.08
Onion	42.41 1 Kg	4 Kg	169.64
Tomatoes	24.19 1 kg	6 kg	145.16
Banana	14.18 1 Kg	16 Kg	226.88
Other Fruits	17.15 1 kg	14 Kg	240.08
Cooking oil (2.5lts)	57.50 2.5lt	3.6lt	82.80
Salt	917.16 1 Kg	1 Kg	917.16
<b>Subtotal</b>			<b>ZMW 3,095.95</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	70.00 90kg bag(s)	2 90kg bag(s)	140.00
Soap (Lifebuoy/Champion)	8.08 Tablet(s)	3 Tablet(s)	24.25
Wash soap (BOOM)	9.83 400g	4 400g	39.33
Jelly (Vaseline)	16.17 500ml	1 500ml	16.17
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	1,500.00 Month(s)	1 Month(s)	1,500.00
Sanitary towels	10.20 Pack of 10	2 Pack of 10	20.40
Toilet Paper (2ply)	5.42 Tissue(s)	6 Tissue(s)	32.50
Lotion (Dawn)	21.00 250ml	1 250ml	21.00
<b>Subtotal</b>			<b>ZMW 2,205.65</b>

## **Total for Basic Needs Basket**

**ZMW 5,301.60**

## (C) SOME OTHER ADDITIONAL COSTS

<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	550.00	Kapata-Town	40.00
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
School Uniform (Grades 1-7)	300.00		
School Uniform (Grades 8-9)	380.00		
<b>Health</b>		<b>Fuel (cost at the pump)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	60.00	Petrol (per litre)	15.98
Malaria test	60.00	Diesel (per litre)	14.23
Consultation Fee	100.00	Paraffin (per litre)	13.02
CD4 Count	100.00		

## (D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

### Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 26<sup>th</sup> September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kapata market, Saturday market, Shoprite, Navutika market, Kaumbwe market and magazine marketing Chipata. The September Basic Needs Basket is approximately US\$408 based upon the exchange rate of K13 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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# Chipata September 2019 Basic Nutrition Basket report

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