

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

April 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	129.60 25 kg bag	2 x 25Kg	259.20
Rice	97.87 5kg	4kg	78.30
(Sweet) Potatoes	7.65 1 Kg	4 Kg	30.59
Beans	26.79 1kg	3kg	80.36
Pounded Groundnut	32.50 1kg	1kg	32.50
Soya Pieces	38.20 1 kg	2kg	76.39
Beef	43.99 1kg	2kg	87.98
Chicken	117.50 2kg	5kg	293.75
Kapenta	250.00 1kg	1kg	250.00
Eggs	14.27 1 unit (10 eggs)	3 Trays (90 eggs)	128.39
Milk (Fresh)	7.66 500 ml	10 liters	153.16
Vegetables	241.47 40 Kg	40kg	241.47
Onion	50.05 1 Kg	4 Kg	200.20
Tomatoes	14.10 1 kg	6 kg	84.61
Banana	9.99 1 Kg	16 Kg	159.84
Other Fruits	19.99 1 kg	14 Kg	279.86
Cooking oil (2.5lts)	80.40 2.5lt	3.6lt	115.77
Salt	8.60 1 Kg	1 Kg	8.60
SubTotal			ZMW 2,560.98

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	121.50 90kg bag(s)	2 90kg bag(s)	243.00
Soap (Lifebuoy/Champion)	9.60 Tablet(s)	3 Tablet(s)	28.79
Wash soap (BOOM)	13.00 400g	4 400g	51.99
Jelly (Vaseline)	24.80 500ml	1 500ml	24.80
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	2,500.00 Month(s)	1 Month(s)	2,500.00
Sanitary towels	15.50 Pack of 10	2 Pack of 10	31.00
Toilet Paper (2ply)	6.80 Tissue(s)	6 Tissue(s)	40.79
Lotion (Dawn)	26.00 250ml	1 250ml	26.00
Subtotal			ZMW 3,487.38

Total for Basic Needs and Nutrition Basket

ZMW 6,048.36

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)		
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
School Uniform (Grades 1-7)	560.00		
School Uniform (Grades 8-12)	1,100.00		
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00	Petrol (per litre)	17.62
Malaria test	25.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,158.67	3,860.28	4,307.92	4,226.03	5,896.79	7,428.38	5,389.04	4,441.86	3,890.14	5,280.69	5,361.73	6,048.36	5,404.36	5,240.95	6,639.90	5,060.29

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th April, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, polen and shoprite. The April Basic Needs Basket is approximately US\$324 based upon the exchange rate Of K18.68. Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2020-04-30

Kabwe April 2020 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/1329>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)