

JCTR BASIC NEEDS AND NUTRITION BASKET

Mansa

April 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	151.67 25 kg bag	2 x 25Kg	303.33
Rice	97.48 5kg	4kg	77.98
Cassava Flour	18.88 1kg	6kg	113.25
(Sweet) Potatoes	10.93 1 Kg	4 Kg	43.72
Beans	22.92 1kg	3kg	68.76
Pounded Groundnut	31.82 1kg	1kg	31.82
Soya Pieces	29.45 1 kg	2kg	58.90
Beef	44.25 1kg	2kg	88.50
Chicken	48.83 2kg	5kg	122.08
Kapenta	84.99 1kg	1kg	84.99
Eggs	12.42 1 unit (10 eggs)	3 Trays (90 eggs)	111.75
Milk (Fresh)	8.17 500 ml	10 liters	163.30
Vegetables	260.53 40 Kg	40kg	260.53
Onion	22.86 1 Kg	4 Kg	91.46
Tomatoes	7.19 1 kg	6 kg	43.15
Banana	10.59 1 Kg	16 Kg	169.41
Other Fruits	23.33 1 kg	14 Kg	326.62
Cooking oil (2.5lts)	78.75 2.5lt	3.6lt	113.40
Salt	12.00 1 kg	1 Kg	12.00
Tea	34.00 250g	250g	34.00
SubTotal			ZMW 2,318.93

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	129.60 90kg bag(s)	2 90kg bag(s)	259.20
Soap (Lifebuoy/Champion)	10.50 Tablet(s)	3 Tablet(s)	31.50
Wash soap (BOOM)	13.00 400g	4 400g	51.99
Jelly (Vaseline)	35.60 500ml	1 500ml	35.60
Electricity (medium density)	191.00 Month(s)	1 Month(s)	191.00
Water & Sanitation (med - fixed)	115.13 Month(s)	1 Month(s)	115.13
Housing (3 bedroom)	1,233.00 Month(s)	1 Month(s)	1,233.00
Sanitary towels	16.50 Pack of 10	2 Pack of 10	32.99
Toilet Paper (2ply)	3.67 Tissue(s)	6 Tissue(s)	22.00
Lotion (Dawn)	16.58 250ml	1 250ml	16.58
Subtotal			ZMW 1,988.99

Total for Basic Needs and Nutrition Basket

ZMW 4,307.92

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	225.00	Maiteneke-Town	16.00
Grades 8-9 (User + PTA/year)	400.00	Kaole -Town	12.00
Grades 10-12 (User + PTA/year)	1,600.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Consultation Fee	200.00	Petrol (per litre)	17.62
High cost fee	550.00	Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,158.67	3,860.28	4,307.92	4,226.03	5,896.79	7,428.38	5,389.04	4,441.86	3,890.14	5,280.69	5,361.73	6,048.36	5,404.36	5,240.95	6,639.90	5,060.29

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th April, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from Kaole, Main market, Down town, Chilyapa, Maiteneke and Shoprite. The April Basic Needs Basket is approximately US\$231 based upon the exchange rate Of K18.68. Other costs would include personal care, clothing, recreation, etc.

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2020-04-30

Mansa April 2020 Basic Needs and Nutrition Basket Report

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