

## JCTR BASIC NEEDS BASKET

Choma

March 2017

### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Mealie Meal	91.25	2 x 25 Kg	182.50
Beans	22.58	3 Kg	67.73
Kapenta (Dry)	130.59	2 Kg	261.18
Fish (Bream, Dry)	94.30	1 Kg	94.30
Beef	30.25	4 Kg	121.00
Dark Green Vegetables	6.17	4 Kg	24.67
Tomatoes	7.53	4 Kg	30.10
Onion	7.63	2 Kg	15.25
Cooking oil (2.5L)	48.48	3 Litres	58.17
Bread	8.88	1 Loaf/day	266.25
Sugar	25.25	3 x 2 Kg	75.75
Milk	7.39	4 x 500ml	29.55
Tea	118.40	1 Kg	118.40
Eggs	10.20	2 Units	20.40
Salt	5.95	1 Kg	5.95

**Subtotal** **ZMW 1,371.19**

### (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Charcoal	96.00	2 x 90 Kg bag(s)	192.00
Soap (Lifebuoy/Champion)	7.75	10 Tablet(s)	77.50
Wash soap (BOOM)	9.58	4 x 400g	38.30
Jelly (e.g. Vaseline)	21.63	1 x 500ml	21.63
Electricity (medium density)	301.37	1 x 1month	301.37
Water & Sanitation (med - fixed)	96.00	1 x 1month	96.00
Housing (3 bedroom)	1,500.00	1 x 1month	1,500.00

**Subtotal** **ZMW 2,226.80**

**Total for Basic Needs Basket** **ZMW 3,597.98**

Totals from previous months	Feb 16	Mar 16	Apr 16	May 16	Jun 16	July 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16	Jan 16	Feb 16
Amount (K)	3,476.34	3,480.08	3,484.87	3,427.89	3,569.84	3,455.57	3,539.27	3,622.93	3,575.98	3,575.83	3,717.50	3,662.44	3,714.90

### (C) SOME OTHER ADDITIONAL COSTS

#### *Education*

Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00
Grades 8-9 (User + PTA/year)	375.00
Grades 10-12 (User + PTA/year)	1,227.50

#### *Transport (bus fare round trip)*

Item	Amount (ZMW)
Kalukungu-Town	14.00

#### *Health*

item	Amount (ZMW)
Fast Track / High Cost fee	100.00
Mosquito net (private)	60.00
Malaria test	40.00
Consultation Fee	100.00
CD4 Count	77.00

#### *Fuel (cost at the pump)*

Item	Amount (ZMW)
Petrol (per litre)	12.50
Diesel (per litre)	10.72
Paraffin (per litre)	6.81

### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,017.09	2,982.58	3,103.45	3,211.17	4,631.10	4,120.87	3,722.75	2,594.98	2,624.50	1,752.34	2,090.12	3,449.20	3,869.90	3,597.98	1,398.40

*This survey was conducted on 26<sup>th</sup> – 27<sup>th</sup> March, 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at spar, macha road, makalanguzu and kalukungu. The March Basic Needs Basket is approximately US\$376 based upon the exchange rate of K9.56 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

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**JCTR Repository**

**<https://repository.jctr.org.zm>**

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Reports

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