

JCTR BASIC NEEDS AND NUTRITION BASKET

Mansa

August 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	108.33 25 kg bag	2 x 25Kg	216.66
Rice	112.39 5kg	4kg	89.91
Cassava Flour	4.93 1kg	6kg	29.56
(Sweet) Potatoes	17.49 1 Kg	4 Kg	69.94
Beans	21.42 1kg	3kg	64.25
Pounded Groundnut	33.27 1kg	1kg	33.27
Soya Pieces	31.13 1 kg	2kg	62.26
Beef	50.00 1kg	2kg	99.99
Chicken	51.33 2kg	5kg	128.33
Kapenta	108.91 1kg	1kg	108.91
Eggs	14.50 1 unit (10 eggs)	3 Trays (90 eggs)	130.50
Milk (Fresh)	7.83 500 ml	10 liters	156.60
Vegetables	272.23 40 Kg	40kg	272.23
Onion	41.16 1 Kg	4 Kg	164.63
Tomatoes	7.51 1 kg	6 kg	45.04
Banana	9.33 1 Kg	16 Kg	149.24
Other Fruits	10.88 1 kg	14 Kg	152.28
Cooking oil (2.5lts)	78.50 2.5lt	3.6lt	113.04
Salt	12.00 1 kg	1 Kg	12.00
Tea	30.80 250g	250g	30.80
SubTotal			ZMW 2,129.42

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	131.40 90kg bag(s)	2 90kg bag(s)	262.80
Soap (Lifebuoy/Champion)	10.17 Tablet(s)	3 Tablet(s)	30.50
Wash soap (BOOM)	15.00 400g	4 400g	59.99
Jelly (Vaseline)	35.60 500ml	1 500ml	35.60
Electricity (medium density)	191.00 Month(s)	1 Month(s)	191.00
Water & Sanitation (med - fixed)	115.13 Month(s)	1 Month(s)	115.13
Housing (3 bedroom)	1,233.00 Month(s)	1 Month(s)	1,233.00
Sanitary towels	14.75 Pack of 10	2 Pack of 10	29.50
Toilet Paper (2ply)	4.37 Tissue(s)	6 Tissue(s)	26.20
Lotion (Dawn)	19.78 250ml	1 250ml	19.78
Subtotal			ZMW 2,003.49

Total for Basic Needs and Nutrition Basket

ZMW 4,132.91

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	212.50	Maiteneke-Town	10.00
Grades 8-9 (User + PTA/year)	266.00	Senama-Town	8.00
Grades 10-12 (User + PTA/year)	1,600.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,178.22	3,925.74	4,132.91	3,997.46	5,863.97	6,744.04	5,213.87	6,170.87	4,111.28	5,511.70	6,365.25	6,429.82	5,573.92	4,709.50	4,712.75	5,261.18

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th August, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from Kaole, Main market, down town, Chilyapa, Maiteneke and Shoprite. The August Basic Needs Basket is approximately US\$213.287 based upon the exchange rate Of K19.3772. Other costs would include personal care, clothing, recreation, etc.

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2020-08-31

Mansa August 2020 Basic Needs and Nutrition Basket Report

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