

JCTR BASIC NEEDS BASKET

Kabwe

September 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	113.17 25 kg bag	2 x 25Kg	226.33
Rice	87.33 5kg	4kg	69.87
(Sweet) Potatoes	7.12 1kg	4 Kg	28.49
Beans	22.25 1kg	3kg	66.75
Pounded Groundnut	20.97 1kg	1kg	20.97
Soya Pieces	23.87 1 kg	2kg	47.74
Beef	41.00 1kg	2kg	82.00
Chicken	24.99 2kg	5kg	62.48
Kapenta	100.00 1kg	1kg	100.00
Eggs	10.53 1 unit (10 eggs)	3 Trays (90 eggs)	94.75
Milk (Fresh)	7.58 500 ml	10 liters	151.63
Vegetables	344.11 40 Kg	40kg	344.11
Onion	19.98 1 Kg	4 Kg	79.91
Tomatoes	7.94 1 kg	6 kg	47.62
Banana	12.29 1 Kg	16 Kg	196.57
Other Fruits	15.20 1 kg	14 Kg	212.83
Cooking oil (2.5lts)	52.17 2.5lt	3.6lt	75.12
Salt	7.17 1 Kg	1 Kg	7.17
Subtotal			ZMW 1,914.34

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	113.40 90kg bag(s)	2 90kg bag(s)	226.80
Soap (Lifebuoy/Champion)	8.40 Tablet(s)	3 Tablet(s)	25.20
Wash soap (BOOM)	10.33 400g	4 400g	41.33
Jelly (Vaseline)	25.25 500ml	1 500ml	25.25
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	150.00 Month(s)	1 Month(s)	150.00
Housing (3 bedroom)	3,000.00 Month(s)	1 Month(s)	3,000.00
Sanitary towels	11.00 Tablet(s)	3 Tablet(s)	33.00
Sanitary towels	23.80 Pack of 10	2 Pack of 10	47.60
Toilet Paper (2ply)	16.49 Tissue(s)	6 Tissue(s)	98.94
Lotion (Dawn)	16.67 250ml	1 250ml	16.67
Subtotal			ZMW 3,956.78

Total for Basic Needs Basket **ZMW 5,871.12**

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round trip)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	300.00	Petrol (per litre)	15.98
Grades 8-9 (User + PTA/year)	600.00	Diesel (per litre)	14.23
Grades 10-12 (User + PTA/year)	600.00	Paraffin (per litre)	13.02
School Uniform (Grades 1-7)	561.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00		
Malaria test	25.00		

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 27th September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, polen and shoprte. The September 2019 Basic Needs Basket is approximately US\$452 based upon the exchange rate of K13 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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Reports

Advocacy on Living Conditions

2019-09-30

Kabwe September 2019 Basic Needs and Nutrition Basket report

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