

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

August 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	141.25 25 kg bag	2 x 25Kg	282.50
Rice	153.07 5kg	4kg	122.46
(Sweet) Potatoes	13.30 1 Kg	4 Kg	53.19
Beans	32.09 1kg	3kg	96.28
Pounded Groundnut	34.91 1kg	1kg	34.91
Soya Pieces	35.08 1 kg	2kg	70.15
Beef	35.13 1kg	2kg	70.25
Chicken	92.50 2kg	5kg	231.25
Kapenta	173.44 1kg	1kg	173.44
Eggs	15.00 1 unit (10 eggs)	3 Trays (90 eggs)	135.00
Milk (Fresh)	9.75 500 ml	10 liters	195.00
Vegetables	192.01 40 Kg	40kg	192.01
Onion	16.19 1 Kg	4 Kg	64.77
Tomatoes	5.43 1 kg	6 kg	32.60
Banana	9.04 1 Kg	16 Kg	144.71
Other Fruits	15.44 1 kg	14 Kg	216.10
Cooking oil (2.5lts)	87.50 2.5lt	3.6lt	126.00
Salt	8.33 1 Kg	1 Kg	8.33
Subtotal			ZMW 2,248.95

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	110.00 90kg bag(s)	2 90kg bag(s)	220.00
Soap (Lifebuoy/Champion)	10.33 Tablet(s)	3 Tablet(s)	31.00
Wash soap (BOOM)	13.67 400g	4 400g	54.67
Jelly (Vaseline)	22.67 500ml	1 500ml	22.67
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	250.00 Month(s)	1 Month(s)	250.00
Housing (3 bedroom)	2,000.00 Month(s)	1 Month(s)	2,000.00
Sanitary towels	7.88 Pack of 10	2 Pack of 10	15.75
Toilet Paper (2ply)	7.75 Tissue(s)	6 Tissue(s)	46.50
Lotion (Dawn)	24.33 250ml	1 250ml	24.33
Subtotal			ZMW 2,964.92

Total for Basic Needs and Nutrition Basket

ZMW 5,213.87

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	250.00	Manungu	30.00
Grades 10-12 (User + PTA/year)	350.00		

<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,178.22	3,925.74	4,132.91	3,997.46	5,863.97	6,744.04	5,213.87	6,170.87	4,111.28	5,511.70	6,365.25	6,429.82	5,573.92	4,709.50	4,712.75	5,261.18

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th August, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The August Basic Needs Basket is approximately US\$269.0724 based upon the exchange rate Of K19.3772. Other costs would include personal care, clothing, recreation, etc.

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2020-08-31

Monze August 2020 Basic Needs and Nutrition Basket Report

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