

JCTR BASIC NEEDS BASKET

Kasama

March 2017

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	105.10	2	x 25 Kg	210.20
Beans	10.50	3	Kg	31.49
Kapenta (Dry)	146.43	2	Kg	292.85
Beef	38.10	4	Kg	152.40
Dark Green Vegetables	3.38	4	Kg	13.50
Tomatoes	5.60	4	Kg	22.39
Onion	9.60	2	Kg	19.20
Cooking oil (2.5L)	47.60	3	Litres	57.12
Bread	7.56	1	Loaf/day	226.74
Sugar	25.70	3	x 2 Kg	77.09
Milk	7.60	4	x 500ml	30.39
Tea	54.38	1	Kg	54.38
Eggs	11.33	2	Units	22.66
Salt	6.10	1	Kg	6.10

SubTotal

ZMW 1,216.51

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	64.00	2	x 90 Kg bag(s)	128.00
Soap (Lifebuoy/Champion)	8.46	10	Tablet(s)	84.58
Wash soap (BOOM)	10.20	4	x 400g	40.79
Jelly (e.g. Vaseline)	19.70	1	x 500ml	19.70
Electricity (medium density)	178.00	1	x 1month	178.00
Water & Sanitation (med - fixed)	190.00	1	x 1month	190.00
Housing (3 bedroom)	1,125.00	1	x 1month	1,125.00

Subtotal

ZMW 1,766.07

Total for Basic Needs Basket

ZMW 2,982.58

Totals from previous months	Jan 16	Feb 16	Mar 16	April 16	May 16	June 16	July 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16	Jan 16	Feb 16
Amount (K)	4,201.04	4,220.15	4,278.61	4,293.95	4,817.41	4,810.52	4,820.70	4,870.89	4,934.09	5,036.28	5,005.14	2,997.91	3,011.64	2,964.86

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	803.00
Grades 10-12 (User + PTA/year)	803.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Tazara-Town	15.00
Location-Town	15.00

Health

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	12.50
Diesel (per litre)	10.72
Paraffin (per litre)	9.00

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,017.09	2,982.58	3,103.45	3,211.17	4,631.10	4,120.87	3,722.75	2,594.98	2,624.50	1,752.34	2,090.12	3,449.20	3,869.90	3,597.98	1,398.40

This survey was conducted on 26th – 27th March, 2017 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Tazara, chambeshi, chikumanino, newtown and shoprte around Kasama. The March Basic Needs Basket is approximately US\$312 based upon the exchange rate of K9.56 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2017-03-30

Kasama March 2017 Basic Needs and Nutrition Basket Report

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