

JCTR BASIC NEEDS BASKET

Kitwe

September 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	91.00 25 kg bag	2 x 25Kg	182.00
Rice	66.05 5kg	4kg	52.84
Cassava Flour	9.73 1kg	6kg	58.36
(Sweet) Potatoes	6.71 1 Kg	4 Kg	26.84
Beans	16.15 1kg	3kg	48.46
Pounded Groundnut	18.70 1kg	1kg	18.70
Soya Pieces	23.85 1 kg	2kg	47.70
Beef	41.00 1kg	2kg	82.00
Chicken	80.80 2kg	5kg	202.00
Kapenta	197.72 1kg	1kg	197.72
Eggs	10.40 1 unit (10 eggs)	3 Trays (90 eggs)	93.60
Milk (Fresh)	8.60 500 ml	10 liters	172.00
Vegetables	339.59 40 Kg	40kg	339.59
Onion	10.86 1 Kg	4 Kg	43.44
Tomatoes	11.64 1 kg	6 kg	69.87
Banana	6.75 1 Kg	16 Kg	107.92
Other Fruits	12.90 1 kg	14 Kg	180.56
Cooking oil (2.5lts)	57.40 2.5lt	3.6lt	82.66
Salt	10.00 1 Kg	1 Kg	10.00
Subtotal			ZMW 2,016.25

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	144.00 90kg bag(s)	2 90kg bag(s)	288.00
Soap (Lifebuoy/Champion)	8.10 Tablet(s)	3 Tablet(s)	24.30
Wash soap (BOOM)	10.10 400g	4 400g	40.40
Jelly (Vaseline)	25.00 500ml	1 500ml	25.00
Electricity (medium density)	254.00 Month(s)	1 Month(s)	254.00
Water & Sanitation (med - fixed)	254.00 Month(s)	1 Month(s)	254.00
Housing (3 bedroom)	1,400.00 Month(s)	1 Month(s)	1,400.00
Sanitary towels	13.80 Pack of 10	2 Pack of 10	27.60
Toilet Paper (2ply)	19.00 Tissue(s)	6 Tissue(s)	114.00
Lotion (Dawn)	13.70 250ml	1 250ml	13.70
Subtotal			ZMW 2,441.00

Total for Basic Needs Basket

ZMW 4,457.25

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	200.00	Chamboli-Town	14.00
Grades 10-12 (User + PTA/year)	600.00	Chimwemwe-Town	14.00
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	15.98
Malaria test	20.00	Diesel (per litre)	14.23
		Paraffin (per litre)	13.02

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 27th September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Chamboli Market, Nakadoli Market, Chimwemwe Market, Chisokone Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Nkana Water and Sewerage Company, schools, clinics and houses around Kitwe. The September Basic Needs Basket is approximately US\$343 based upon the average exchange rate of K13 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2019-09-30

Kitwe September 2019 Basic Needs and Nutrition Basket report

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