

JCTR BASIC NEEDS AND NUTRITION BASKET

Luanshya

April 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	125.36 25 kg bag	2 x 25Kg	250.71
Rice	154.99 5kg	4kg	123.99
Cassava Flour	5.77 1kg	6kg	34.64
(Sweet) Potatoes	7.98 1 Kg	4 Kg	31.93
Beans	42.78 1kg	3kg	128.34
Pounded Groundnut	55.62 1kg	1kg	55.62
Soya Pieces	26.66 1 kg	2kg	53.32
Beef	76.33 1kg	2kg	152.66
Chicken	109.53 2kg	5kg	273.82
Kapenta	211.69 1kg	1kg	211.69
Eggs	18.39 1 unit (10 eggs)	3 Trays (90 eggs)	165.50
Milk (Fresh)	13.83 500 ml	10 liters	276.63
Vegetables	331.84 40 Kg	40kg	331.84
Onion	34.78 1 Kg	4 Kg	139.10
Tomatoes	10.64 1 kg	6 kg	63.87
Banana	21.85 1 Kg	16 Kg	349.63
Other Fruits	46.92 1 kg	14 Kg	656.86
Cooking oil (2.5lts)	122.50 2.5lt	3.6lt	176.40
Salt	16.39 1 Kg	1 Kg	16.39
Tea	27.42 250g	250g	27.42
SubTotal			ZMW 3,520.36

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	198.00 90kg bag(s)	2 90kg bag(s)	396.00
Soap (Lifebuoy/Champion)	11.17 Tablet(s)	3 Tablet(s)	33.50
Wash soap (BOOM)	15.50 400g	4 400g	61.99
Jelly (Vaseline)	35.33 500ml	1 500ml	35.33
Electricity (medium density)	320.00 Month(s)	1 Month(s)	320.00
Water & Sanitation (med - fixed)	224.00 Month(s)	1 Month(s)	224.00
Housing (3 bedroom)	1,260.00 Month(s)	1 Month(s)	1,260.00
Sanitary towels	20.00 Pack of 10	2 Pack of 10	40.00
Toilet Paper (2ply)	4.33 Tissue(s)	6 Tissue(s)	25.99
Lotion (Dawn)	30.33 400ml	1 400ml	30.33
Subtotal			ZMW 2,427.14

Total for Basic Needs and Nutrition Basket

ZMW 5,947.50

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	100.00	Roan - Kalala	12.00
Grades 8-9 (User + PTA/year)	600.00		
Grades 10-12 (User + PTA/year)	600.00		
School Uniform (Grades 1-7)	425.00		
School Uniform (Grades 8-12)	545.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
		Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,743.89	3,973.17	4,729.47	4,876.92	6,382.74	6,852.06	5,081.47	5,086.34	5,105.30	5,947.50	6,955.58	6,720.71	6,615.57	5,297.26	5,906.59	5,970.53

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th April, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The April Basic Needs Basket is approximately US\$267 based upon the exchange rate Of K22.29 Other costs would include personal care, clothing, recreation, etc.

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2021-04-30

Luanshya April 2021 Basic Needs and Nutrition Basket Report

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